Qualified Reservist Distribution Health Care Flexible Spending Account



The State of Delaware has adopted the Heroes Earnings Assistance and Relief Tax Act (HEART Act) into its Flexible Spending Account Plan Document. The Act is designed to help military personnel called to active duty who may otherwise forfeit dollars set aside in a Health Care Flexible Spending Account. According to the Act, an employer (plan sponsor) may make a cash distribution of unused Health Care FSA benefits to eligible reservists without disqualifying its cafeteria plan(s). This withdrawal is known as a **Qualified Reservist Distribution (QRD)**, and there are certain caveats in place that must be met before they are allowed.

Those caveats are:

- 1) **The individual must be a "reservist"**, as defined in 37 U.S.C. Section 101, which means the individual must be a member of one of the following:
 - → Army National Guard of US;
 - → Army Reserve;
 - → Navy Reserve;

 - → Reserve Corps of the Public Health Service
- 2) The individual is called to active duty for a period of 180 days or more or for an indefinite period. The Office of Statewide Benefits must review the employee's call or order to duty before granting an employee request for a distribution. If the order or call specifies that the period of active duty is either 180 days or more or indefinite, the reservist is eligible for a distribution even if the actual period of active duty ends up being less than 180 days. By contrast, if the period specified is less than 180 days, qualified distributions would not be allowed (unless later orders or call-ups extend the period).
- 3) The request for distribution is made during the period beginning with the order or call to active duty and ending on the last day of the plan year (or grace period, if applicable). A reservist must request a distribution after the order or call to active duty, but before the last day of the plan year including the grace period.

Amount of Distributions

The QRD is restricted to the amount actually contributed to the health FSA at the time of the request minus any reimbursements actually received. The eligible employee must complete a QRD FORM found below, and the approved reimbursement amount will be processed through the State. QRDs are taxable and will be included in the gross income and wages of the employee, and are subject to employment taxes. A QRD must be reported as wages on the employee's W-2 for the year in which the QRD is paid to the employee.

This amendment to the plan is retroactive to June 18, 2008. If you were activated on or after that date for a period of six months or more who were/are enrolled in a Health Care FSA, please be aware of this new provision.

Please refer any specific questions about the HEART Act to ASIFlex or to the Statewide Benefits office.

For more information on Flexible Spending, visit the SBO website at de.gov/statewidebenefits.

Qualified Reservist Distribution Request Form

Employer Signature

The Heroes Earnings Assistance and Relief (HEART) Act allows for military personnel who are called to active duty for more than 180 days to make withdrawals from a health FSA via a Qualified Reservist Distributions (QRD).

Name ((Last, First, MI)	Social Security Number
Employer		Employee ID Number
State	e of Delaware	
Reserv	e Component* (i.e. branch of service)	Date called to active duty
QRD Di	isbursement Request	
The maximum amount of your distribution is determined by the State of Delaware's Plan Design. If you have questions, please contact your Benefit Representative or the Statewide Benefits Office. Qualified Reservist Distributions payment is considered to be taxable income.		
I elect to withdraw my total available balance in my Health FSA (Total amount contributed less amount reimbursed as of the date of the request)		
	I elect to withdraw only a portion of my Health FSA.	Amount Requested
		\$
Particip	pant Certification	
period of current p eligible	that I am a member of the reserve component outlined above and have f 180 days or more. I am an employee participating in my employer's plan year. I understand that prior year fund balances as well as amoun for disbursement as a QRD . I understand that QRD s are only available g A ccount.	shealth flexible spending account within the ts forfeited prior to June 18, 2008 are not
Addition	nally, I understand the QRD is a taxable withdrawal from my H ealth	a Care Flexible Spending Account.
Attache	that all of the above requirements have been met and am requesting vertical in the compact of th	
Partici	pant Signature	Date

RETURN COMPLETED FORM TO STATEWIDE BENEFITS OFFICE BY FAX, 302-739-8339.

Date

*Paragraph 24 of section 101 of title 37 of the United States Code defines the term "reserve component" to mean: the Army National Guard of the United States; the Army Reserve; the Navy Reserve; the Marine Corps Reserve; the Air National Guard of the United States; the Air Force Reserve; the Coast Guard Reserve; or the Reserve Corps of the Public Health Service.