

# CERTIFICATION OF HEALTH CARE PROVIDER FOR FAMILY MEMBER'S SERIOUS HEALTH CONDITION UNDER THE FAMILY AND MEDICAL LEAVE ACT DHR-Form #: To be assigned. Authority: Family and Medical Leave Act of 1993, as amended March 8, 2013; M.R. 5.7 Effective Date: November 20, 2019 Supersedes: November 20, 2019; January 2009

The Family and Medical Leave Act (FMLA) provides that an employer may require an employee seeking FMLA leave to care for a family member with a serious health condition to submit a medical certification issued by the family member's health care provider. 29 U.S.C. §§ 2613, 2614(c)(3); 29 C.F.R. § 825.305. The employer must give the employee **at least 15 calendar days** to provide the certification. If the employee fails to provide complete and sufficient medical certification, his or her FMLA leave request may be denied. 29 C.F.R. § 825.313. Information about the FMLA may be found on the WHD website at <a href="https://www.dol.gov/agencies/whd/fmla">www.dol.gov/agencies/whd/fmla</a>.

### Part 1: Employer

Either the employee or the employer may complete Part 1. While use of this form is optional, this form asks the health care provider for the information necessary for a complete and sufficient medical certification, which is set out at 29 C.F.R. § 825.306. You may not ask the employee to provide more information than allowed under the FMLA regulations, 29 C.F.R. §§ 825.306-825.308. Additionally, you may not request a certification for FMLA leave to bond with a healthy newborn child or a child placed for adoption or foster care.

Employers must generally maintain records and documents relating to medical information, medical certifications, recertifications, or medical histories of employees or employees' family members created for FMLA purposes as confidential medical records in separate files/records from the usual personnel files and in accordance with 29 C.F.R. § 1630.14(c)(1), if the Americans with Disabilities Act applies, and in accordance with 29 C.F.R. § 1635.9 if the Genetic Information Nondiscrimination Act applies.

1.	Employee name:		
2.	Agency Name:	Date:	
		·	(List date certification requested)
3.	This medical certification must be returned by	(Mu	st allow at least 15 calendar days
	from the date requested, unless it is not feasible despite the en	nployee's d	iligent, good faith efforts.)

### Part 2: Employee

Please complete and sign Part 2 before providing this form to your family member or family member's health care provider. The FMLA allows an employer to require that you submit a timely, complete, and sufficient medical certification to support a request for FMLA leave due to the serious health condition of your family member. If requested by your employer, your response is required to obtain or retain the benefit of FMLA protections. 29 U.S.C. §§ 2613, 2614(c)(3) You are responsible for

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making sure the medical certification is provided to your employer within the time frame requested, which must be at least 15 calendar days. 29 C.F.R. §§ 825.305-825.306. Failure to provide a complete and sufficient medical certification may result in a denial of your FMLA leave request. 29 C.F.R. § 825.313.

1.	Name of the family member for whom you will provide care:
2.	Select the relationship of the family member to you. The family member is your:
	☐ Spouse ☐ Parent ☐ Child, under age 18
	☐ Child, age 18 or older and incapable of self-care because of a mental or physical disability
3.	Briefly describe the care you will provide to your family member: (Check all that apply)
	☐ Assistance with basic medical, hygienic, nutritional, or safety needs ☐ Transportation
	☐ Physical Care ☐ Psychological Comfort ☐ Other:
4.	Give your <b>best estimate</b> of the amount of leave needed to provide the care described
5.	If a <b>reduced work schedule</b> is necessary to provide the care described, give your <b>best estimate</b>
	of the reduced schedule you are able to work. From to to
	I am able to work (hours per day) (days per week).
En	nployee Signature: Date:
me	By using this form, the parties acknowledge their agreement to conduct transactions by electronic ans. A party's electronic signature for purpose of the Uniform Electronic Transactions Act, 6 Del. Co. 12A may be provided by checking a box as indicated, electronic initials or name, or ema

### Part 3: Health Care Provider

confirmation.

Please provide your contact information, complete all relevant section of this Part, and sign the form below. A family member of your patient has requested leave under the FMLA to care for your patient. The FMLA allows an employer to require that the employee submit a timely, complete, and sufficient medical certification to support a request for FMLA leave to care for a family member with a serious health condition. For FMLA purposes, a "serious health condition" means an illness, injury, impairment, or physical or mental condition that *involves inpatient care* or *continuing treatment by a health care provider*. For more information about the definitions of a serious health condition under the FMLA, see the chart at the end of the form.

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You also may, **but are not required to**, provide other appropriate medical facts including symptoms, diagnosis, or any regimen of continuing treatment such as the use of specialized equipment. Please note that some state or local laws may not allow disclosure of private medical information about the patient's serious health condition, such as providing the diagnosis and/or course of treatment.

He	ealth Care Provider's Name:
He	ealth Care Provider's Business Address:
Ту	pe of practice / Medical specialty:
Te	elephone: Fax: Email:
Lir an ex the att	mit your response to the medical condition for which the employee is seeking FMLA leave. Your swers should be your <b>best estimate</b> based upon your medical knowledge, experience, and amination of the patient. <b>After completing Part A, complete Part B to provide information about e amount of leave needed.</b> Note: For FMLA purposes, "incapacity" means the inability to work, tend school, or perform regular daily activities due to the condition, treatment of the condition, or covery from the condition. Do not provide information about genetic tests, as defined in 29 C.F.R. § 35.3(f) or genetic services, as defined in 29 C.F.R. § 1635.3(e), or the manifestation of disease or sorder in the employee's family members, 29 C.F.R. § 1635.3(b).
	Patient's Name:
	State the approximate date the condition started or will start:
4.	For FMLA to apply, care of the patient must be medically necessary. Briefly describe the type of care needed by the patient. (e.g., assistance with basic medical, hygienic, nutritional, safety, transportation needs, physical care, or psychological comfort).
5.	Check the box(es) for the questions below, as applicable. For all box(es) checked, the amount of leave needed must be provided in Part B.  □ Inpatient Care: The patient (□ has been / □ is expected to be) admitted for an overnight stay in a hospital, hospice, or residential medical care facility on the following date(s):

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	☐ Incapacity plus Treatment: (e.g,. outpatient surgery, strep throat)
	Due to the condition, the patient ( $\Box$ has been / $\Box$ is expected to be) incapacitated for more than
	three consecutive, full calendar days from to
	The patient ( $\square$ was / $\square$ will be seen on the following date(s):
	The condition ( $\Box$ has / $\Box$ has not) also resulted in a course of continuing treatment under the supervision of a health care provider (e.g., prescription medication (other than over-the-counter) or therapy requiring special equipment).
	□ Pregnancy: The condition is pregnancy. List the expected delivery date:
	☐ Chronic Conditions: (e.g., asthma, migraine headaches) Due to the condition, it is medically necessary for the patient to have treatment visits at least twice per year.
	□ Permanent or Long-Term Conditions: (e.g., Alzheimer's, terminal stages of cancer) Due to the condition, incapacity is permanent or long-term and requires the continuing supervision of a health care provider (even if active treatment is not being provided).
	□ Conditions requiring Multiple Treatments: (e.g., chemotherapy treatments, restorative surgery) Due to the condition, it is medically necessary for the patient to receive multiple treatments.
	☐ None of the above: If none of the above condition(s) were checked, (i.e., inpatient care, pregnancy) no additional information is needed. Go to page 5 to sign and date the form.
6.	If needed, briefly describe other appropriate medical facts related to the condition(s) for which the
	employee seeks FMLA leave. (e.g., use of nebulizer, dialysis)
Fo res <b>be</b> spe	rt B: Amount of Leave Needed r the medical condition(s) checked in Part A, complete all that apply. Several questions seek a sponse as to the frequency or duration of a condition, treatment, etc. Your answer should be your st estimate based upon your medical knowledge, experience, and examination of the patient. Be as ecific as you can; terms such as "lifetime," "unknown," or "indeterminate" may not be sufficient to termine if the benefits and protections of the FMLA apply.
7.	Due to the condition, the patient ( $\Box$ had / $\Box$ will have) planned medical treatment(s) (scheduled

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	medical visits) (e.g. psychotherapy, prenatal appointments) on the following date(s):			
8.	Due to the condition, the patient ( $\square$ was / $\square$ will be) <b>referred to other health care provider(s)</b> for			
	evaluation or treatment(s). State the nature of such treatments: (e.g., cardiologist, physical therapy)			
	Provide your <b>best estimate</b> of the beginning date and end date for the treatment(s).			
	Provide your <b>best estimate</b> of the duration of the treatment(s), including any period(s) of recovery:  (e.g., 3 days/week)			
9.	Due to the condition, the patient ( $\square$ was / $\square$ will be) incapacitated for a continuous period of			
	time, including any time for treatment(s) and/or recovery.			
	Provide your <b>best estimate</b> of the beginning date and end date			
	for the period of incapacity.			
10	. Due to the condition it, ( $\square$ was / $\square$ is / $\square$ will be) medically necessary for the employee to be absent			
	from work to provide care for the patient on an intermittent basis (periodically), including for any			
	episodes of incapacity i.e., episodic flare-ups. Provide your <b>best estimate</b> of how often (frequency) and how long (duration) the episodes of incapacity will likely last.			
	Over the next 6 months, episodes of incapacity are estimated to occur times per			
	( $\Box$ day / $\Box$ week / $\Box$ month) and are likely to last approximately ( $\Box$ hours / $\Box$ days)			
	per episode.			
Się	gnature of Health Care Provider: Date:			
me Ch	By using this form, the parties acknowledge their agreement to conduct transactions by electronic eans. A party's electronic signature for purpose of the Uniform Electronic Transactions Act, 6 Del. C. n. 12A may be provided by checking a box as indicated, electronic initials or name, or email infirmation.			

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### **Definitions of a Serious Health Condition** (See 29 C.F.R. §§ 825.113-.115)

#### **Inpatient Care**

- An overnight stay in a hospital, hospice, or residential medical care facility
- Inpatient care includes any period of incapacity or any subsequent treatment in connection with the overnight stay

### Continuing Treatment by a Health Care Provider (any one or more of the following)

<u>Incapacity Plus Treatment</u>: A period of incapacity of more than three consecutive, full calendar days, and any subsequent treatment or period of incapacity relating to the same condition, that also involves either:

- Two or more in-person visits to a health care provider for treatment within 30 days of the first day of incapacity unless extenuating circumstances exist. The first visit must be within seven days of the first day of incapacity; or,
- At least one in-person visit to a health care provider for treatment within seven days of the first day of incapacity, which results in a regimen of continuing treatment under the supervision of the health care provider. For example, the health provider might prescribe a course of prescription medication or therapy requiring special equipment.

**Pregnancy:** Any period of incapacity due to pregnancy or prenatal care.

<u>Chronic Conditions</u>: Any period of incapacity due to or treatment for a chronic serious health condition, such as diabetes, asthma, migraine headaches. A chronic serious health condition is one which requires visits to a health care provider (or nurse supervised by the provider) at least twice a year and recurs over an extended period of time. A chronic condition may cause episodic rather than a continuing period of incapacity.

<u>Permanent or Long-term Conditions</u>: A period of incapacity which is permanent or long-term due to a condition for which treatment may not be effective, but which requires the continuing supervision of a health care provider, such as Alzheimer's disease or the terminal stages of cancer.

<u>Conditions Requiring Multiple Treatments:</u> Restorative surgery after an accident or other injury; or, a condition that would likely result in a period of incapacity of more than three consecutive, full calendar days if the patient did not receive the treatment.

### Paperwork Reduction Act Notice and Public Burden Statement

If submitted, it is mandatory for employers to retain a copy of this disclosure in their records for three years, in accordance with 29 U.S.C. § 2616; 29 C.F.R. § 825.500. Persons are not required to respond to this collection of information unless it displays a currently valid OMB control number. The Department of Labor estimates that it will take an average of 20 minutes for respondents to complete this collection of information, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. If you have any comments regarding this burden estimate or any other aspect of this collection information, including suggestions for reducing this burden, send them to the Administrator, Wage and Hour Division, U.S. Department of Labor, Room S-3502, 200 Constitution AV, NW, Washington, DC 20210. **DO NOT SEND THE COMPLETED FORM TO THE WAGE AND HOUR DIVISION; RETURN IT TO THE PATIENT.** 

#### Notification to Healthcare Providers

Title II of the Genetic Information Nondiscrimination Act (GINA) "prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of employees or their family members. In order to comply with this law, we are asking that you not provide any genetic information

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when responding to this request for medical information. 'Genetic information,' as defined by GINA, includes an individual's family medical history, the results of an individual's or family member's genetic test, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services."