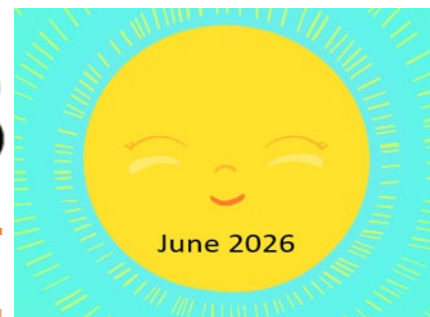


Safety Matters

State of Delaware Insurance Coverage Office Issue CCXXXIII



Lightning Safety Awareness Week

June 21-27

Lightning is **hotter** than the surface of the Sun
and can reach temperatures around

50,000°F

When Thunder Roars Go Indoors
weather.gov/lightning



When Thunder Roars, Go Indoors

There is no safe place outside when thunderstorms are in the area. If you hear thunder, you are likely within striking distance of the storm. Just remember, *When Thunder Roars, Go Indoors*. Too many people wait far too long to get to a safe place when thunderstorms approach. Unfortunately, these delayed actions lead to many of the lightning deaths and injuries in the United States.

Go to the [National Weather Service](https://www.weather.gov/) for information
Or www.weather.gov/safety/lightning

June is NATIONAL SAFETY MONTH

Nobody knows the hazards of your job better than the people doing it every day. That is why shared responsibility is one of the most powerful tools in workplace safety — and one of the easiest to put into practice.

It starts with small things. Mentioning a wet floor to the person behind you. Pointing out that a ladder looks shaky before someone climbs it. Pulling a coworker aside to say, "Hey, your hard hat strap is loose." These aren't acts of bossiness. They are acts of respect.

Toolbox talks and safety meetings work the same way. According to a report from Associated Builders and Contractors, companies that hold daily safety briefings reduce their recordable incident rates by 82 percent compared to companies that meet only monthly. That is not a small difference — it is the difference between going home healthy and not.

When OSHA studied workplaces with active safety participation programs, they found that injury rates dropped by 30 to 50 percent and that employers saved four to six dollars for every dollar invested in training. But the real payoff is simpler than any dollar figure: everyone watches out for everyone.

Safety meetings do not have to be long. A five-minute huddle at the start of a shift can flag a hazard that nobody noticed. Speak up, listen up, and look out for each other. That is shared responsibility in action.

Article appears courtesy of Pagesmag.com



Safety Focused

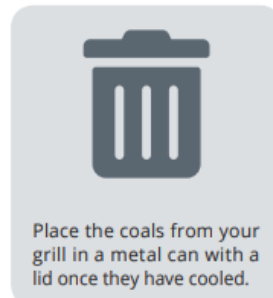
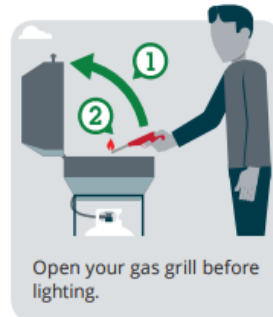
Did you know?

June is a particularly dangerous month for heat stress related injuries. The increase in outdoor activities coupled with the rapid rise in temperatures and humidity often catches people before they have had a chance to acclimate.

These tips can help:

- Make sure water is available and stay hydrated.
- Whenever possible, avoid direct sun during the hottest times of the day.
- Provide a shaded area and increase break time.
- Dress for the weather; hats, lightweight materials, cooling vests and shirts, sunscreen.
- Encourage rest and discourage excessive alcohol consumption during off-work hours.
- Increase airflow where possible.
- Rotate workers and reduce physical demands.
- Have an acclimatization plan for workers.
- Train workers and supervisors to recognize heat related injuries.
- Use heat alert systems and weather forecasts.
- Have an emergency plan.
- Use a buddy system to keep each other safe.

Go to [SafeDE](https://www.safede.org/) or <https://worksafe.delaware.gov/>



Stay fire safe this summer!
For more information and resources, visit www.usfa.fema.gov.

Upcoming Webinar

The ICO conducts monthly webinars on various safety topics open to all employees.

Please join our monthly webinar on “Electrical Safety Awareness” June 18, at 9:00 am, search the title in the DLC or

To register, click this link:

[Webinar Registration - Zoom](#)



#CPRSAVESLIVES

