

Email Subject Line: Get the Facts on What's Happening – March 2026 Updates

Dear Benefit-Eligible Employee,

Read the [Get the Facts on What's Happening](#) frequently asked questions resource document for facts on what was discussed related to the Group Health Insurance Plan (GHIP) at last month's State Employee Benefits Committee (SEBC) meeting and actions taken by the SEBC. The document is available on the [SEBC page](#) of the Statewide Benefits Office (SBO) website, in addition to lists of committee members, meeting schedules, meeting recordings, meeting materials, and more. In the **March 2026** edition, we provide answers to the following questions:

- What is the new Migraine Relief and Prevention program announced at the February meeting?
- When will the 2026 Spring Open Enrollment take place?
- What changes were approved for the Lantern Surgeons of Excellence program for the new plan year?
- What changes were discussed at the February meeting regarding the Flexible Spending Account (FSA) Dependent Care maximum contribution?
- What additional cost mitigating strategy did the SEBC discuss related to coverage of GLP-1 medications for weight loss?
- Will there be State health plan premium (rate) increases for employees and retirees for Fiscal Year 2027?
- What is the status of the Audit Services Request for Proposals (RFPs)?
- What changes did the Committee make to the proposal evaluation process?
- What is the status of the calendar year 2026 Request for Proposals (RFPs)?

You are encouraged to visit the [SEBC page](#) monthly to stay up to date on discussions and decisions that impact your benefits.

Best of Health,

The State Employee Benefits Committee