

**Email Subject Line:** Get the Facts on What's Happening – January 2026 Updates

Dear Benefit-Eligible Employee,

Read the [Get the Facts on What's Happening](#) frequently asked questions resource document for facts on what was discussed related to the Group Health Insurance Plan (GHIP) at last month's State Employee Benefits Committee (SEBC) meeting and actions taken by the SEBC. The document is available on the [SEBC page](#) of the Statewide Benefits Office (SBO) website, in addition to lists of committee members, meeting schedules, meeting recordings, meeting materials, and more. In the **January 2026** edition, we provide answers to the following questions:

- What cost mitigating strategies did the SEBC discuss related to coverage of GLP-1 medications for weight loss?
- What is the status of the draft FY2026 – FY2029 GHIP Strategic Framework?
- What changes have been made to the SEBC schedule for calendar year 2026?
- What is the status of the calendar year 2026 Request for Proposals (RFPs)?

You are encouraged to visit the [SEBC page](#) monthly to stay up to date on discussions and decisions that impact your benefits.

Best of Health,

The State Employee Benefits Committee