

4/8/2026 SEBC Email – Sent to benefit-eligible employees of State Agencies, K12, DTCC, and DSU

Email Subject Line: Get the Facts on What's Happening – April 2026 Updates

Dear Benefit-Eligible Employee,

Read the [Get the Facts on What's Happening](#) frequently asked questions resource document for facts on what was discussed related to the Group Health Insurance Plan (GHIP) at last month's State Employee Benefits Committee (SEBC) meeting and actions taken by the SEBC. The document is available on the [SEBC page](#) of the Statewide Benefits Office (SBO) website, in addition to lists of committee members, meeting schedules, meeting recordings, meeting materials, and more. In the **April 2026** edition, we provide answers to the following questions:

- What is the status of the Group Health Insurance Plan (GHIP) Health Fund?
- When will the 2026 Open Enrollment take place?
- What changes were approved regarding the FSA Dependent Care maximum contribution?
- What cost mitigating strategy did the SEBC approve related to coverage of GLP-1 medications for weight management?
- Will there be State health plan premium (rate) increases for employees and retirees for Fiscal Year 2027?
- Will there be dental plan premium (rate) increases for employees and retirees for Fiscal Year 2027?
- How would Senate Bill 1 impact the Group Health Insurance Plan (GHIP) if passed and signed into law?
- What is the status of the calendar year 2026 Request for Proposals (RFPs)?

You are encouraged to visit the [SEBC page](#) monthly to stay up to date on discussions and decisions that impact your benefits.

Best of Health,

The State Employee Benefits Committee