

State employer peer benchmarking

State employers that offer HSA seed incentives for wellness participation

| State | Annual wellness incentive (delivered as additional employer-funded HSA seed) | Requirements to earn wellness incentive |
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| Kansas | <ul style="list-style-type: none"> ▪ \$500 employee ▪ \$1,000 employee + spouse | <ul style="list-style-type: none"> ▪ Various wellness-related activities can be completed for HSA deposits ranging from \$10 (completion of 1 health coaching session) to \$150 (completion of intensive weight management program) ▪ Contributions to HSA are made as activities are completed |
| Nevada | <ul style="list-style-type: none"> ▪ \$100 for employee only | <ul style="list-style-type: none"> ▪ Must complete 4 activities: <ul style="list-style-type: none"> ▪ Annual wellness physical exam ▪ Annual wellness lab work ▪ Dental exam ▪ Dental cleaning ▪ Contribution to HSA is made as soon as administratively possible after claims for the 4 activities have been processed |
| South Dakota | <ul style="list-style-type: none"> ▪ \$250 individual ▪ \$500 family | <ul style="list-style-type: none"> ▪ Employee (and covered spouse, if applicable) must complete an onsite health screening, an online health assessment, and earn 100 Wellness Points during the plan year (or 200 Wellness Points if covering a spouse) ▪ Wellness Points are earned through completion of a variety of activities with various point values, such as: <ul style="list-style-type: none"> ▪ Completion of a wellness challenge or digital workshop through a third-party wellness vendor ▪ Visiting the dentist ▪ Attending [wellness] counseling sessions ▪ Obtaining a flu shot ▪ Watching monthly EAP webinars ▪ Contribution to HSA is made for following plan year |