Mail

Internet





Statewide Benefits Office Training/Communications FY26 Q1 Report

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Overview: Executive Summary and Key Findings

The Statewide Benefits Office (SBO) distributes numerous communications through various mediums to benefit-eligible members of the Group Health Insurance Plan (GHIP) to ensure that they are well informed and understand their benefits. In addition, HR/Benefits/Payroll Representatives at the employing organizations are provided with information about the benefits that are offered in a manner that allows them to support their employees and the Statewide Benefits Office efficiently and effectively.

One of the communication themes for Q1 of FY26 was to increase awareness of the appropriate site of care and the additional services available through the member's selected health plan. To kick off the new plan year, targeted emails were sent in July to State Agency, K12, DTCC, and DSU employees enrolled in each of the health plans. The July Benefits Bulletin also promoted healthcare consumerism for the new plan year. And SBO continued sending targeted emails to all new health plan enrollees each month. This allows new employees or those changing plans due to a qualifying event to receive site of care and additional plan information, the month their coverage is effective.

Targeted emails were also sent in July to members in the Flexible Spending Account (FSA), Accident and Critical Illness Insurance, and State Group Universal Life Insurance plans. The goal of these communications was to educate members about the features of the plans. An article in the Benefits Bulletins distributed during Q1 of FY26 provided additional information about the FSA plan. Communications are also being developed to distribute monthly to new Flexible Spending Account (FSA) plan members. In September, SBO began distributing targeted emails to new vision and dental plan members to educate them of their plan's features.

SBO also ran a communication campaign regarding the transition to the new Employee Assistance Program (EAP) vendor, Health Advocate. There were three targeted emails, a State memo, and a Participating Group Memo. Health Advocate also distributed a mailer to the enrolled population and posters to the various State offices.

The Special Medicfill Open Enrollment communication campaign began in September. Two organizational specific memos were sent to HR/Ben Reps to inform them of SBO's plan of action for Special Medicfill Open Enrollment and information that they needed to relate to their members. Also, the Retiree Healthcare Newsletter was distributed to non-Medicare and Medicare eligible pensioners at the end of September.



Overview: Fiscal Year Training/Communications Summary

| | July 2025 | Aug 2025 | Sept 2025 | Oct 2025 | Nov 2025 | Dec 2025 | Jan 2026 | Feb 2026 | Mar 2026 | Apr 2026 | May 2026 | June 2026 |
|--|--------------|-------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|
| Targeted Emails Distributed | 12 | 7 | 14 | LULU | | | | | | | 2020 | |
| Benefits Bulletin Distributed | 1 | 1 | 1 | | | | | | | | | |
| State Memos Distributed | 2 | 4 | 3 | | | | | | | | | |
| Participating Group Memos | 1 | 3 | 2 | | | | | | | | | |
| Distributed | | | | | | | | | | | | |
| Organizational Specific Memos Distributed | 2 | 4 | 6 | | | | | | | | | |
| State Alerts Distributed | 0 | 0 | 0 | | | | | | | | | |
| Participating Group Alerts Distributed | 0 | 0 | 0 | | | | | | | | | |
| SBO Communications Mailbox Responses | 14 | 23 | 25 | | | | | | | | | |
| Electronic Communications Distributed by Vendors | 4 | 3 | 4 | | | | | | | | | |
| Letters/Packets Distributed | 0 | 0 | 1 | | | | | | | | | |
| Postcards Distributed | 0 | 0 | 0 | | | | | | | | | |
| Posters/Flyers Distributed | 0 | 7 | 0 | | | | | | | | | |
| Printed Communications Distributed by Vendors | 3 | 3 | 3 | | | | | | | | | |
| Total SBO Website Users | 15,854 | 13,174 | 13,857 | | | | | | | | | |
| Total SBO Website Updates | 44 | 29 | 35 | | | | | | | | | |
| Website Surveys Received | 2 | 2 | 0 | | | | | | | | | |
| SBO Instructor-Led Training Sessions | 2 | 2 | 3 | | | | | | | | | |
| SBO Computer-Based Training Courses Available | 18 | 18 | 18 | | | | | | | | | |
| Vendor Webinars | 3 | 3 | 3 | | | | | | | | | |



Electronic Communications: Targeted Emails

| Subject | Distribution Mailbox | Date Distributed | Target Audience | Total Recipients | SBO Tactics based on SEBC Strategic Framework |
|--|-------------------------|---------------------|---|---------------------|--|
| New Employee Assistance Program (EAP) Vendor - Health Advocate | SBO | 07/01/2025 | State Agency, K12, DTCC & DSU employees who are enrolled in a State of Delaware non-Medicare Health Plan (Highmark Delaware or Aetna) | 35,833 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. |
| Upcoming Employee Assistance Program (EAP) Webinars | SBO | 07/03/2025 | State Agency, K12, DTCC & DSU employees who are enrolled in a State of Delaware non-Medicare Health Plan (Highmark Delaware or Aetna) | 35,781 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. |
| Flexible Spending Account Enrollment in the FY26 Plan Year | SBO | 07/07/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees currently enrolled in the FSA Plan (Health Care and/or Dependent Care) | 8,805 | Continue to communicate the value of benefits provided along with member education resources. |
| Get the Facts on What's Happening – June 2025 Updates | SBO | 07/09/2025 | Benefit-eligible employees of State Agencies, K12, DTCC, and DSU | 41,189 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to offer condition-specific resources for diabetes and metabolic syndrome through |



| Subject | Distribution Mailbox | Date Distributed | Target Audience | Total Recipients | SBO Tactics based on SEBC Strategic Framework |
|--|-------------------------|---------------------|--|---------------------|---|
| | | | | | the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. |
| GUL Insurance in the FY2026 Plan Year | SBO | 07/10/2025 | State Agency, K12, DTCC, and DSU benefit-benefit eligible employees currently enrolled in GUL Insurance | 11,930 | Continue to communicate the value of benefits provided along with member education resources. |
| Accident and/or Critical Illness Insurance in the FY26 Plan Year | SBO | 07/11/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees currently enrolled in the A&CI Insurance | 4,625 | Continue to communicate the value of benefits provided along with member education resources. |
| Important Information Regarding Your Health Plan | SBO | 07/14/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the Comprehensive PPO health plan | 22,792 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. |



| Subject | Distribution Mailbox | Date Distributed | Target Audience | Total Recipients | SBO Tactics based on SEBC Strategic Framework |
|--|-------------------------|---------------------|--|---------------------|---|
| | | | | | Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |
| Important Information Regarding Your Health Plan | SBO | 07/14/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the First State Basic health plan | 4,013 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. |



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| | | | | | Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |
| Important Information Regarding Your Health Plan | SBO | 07/14/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the CDH Gold health plan | 3,230 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. |



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| | | | | | Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |
| Important Information Regarding Your Health Plan | SBO | 07/14/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the HMO health plan | 5,826 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. |



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|---|-------------------------|---------------------|---|---------------------|--|
| | | | | • | Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |
| No Cost Virtual Exercise Therapy Benefit – Join Hinge Health Today! | SBO | 07/16/2025 | State Agency, K12, DTCC, and DSU employees enrolled in a State of Delaware non- Medicare health plan | 35,856 | Continue to offer access to physical therapy in multiple formats. Continue to communicate the value of benefits provided along with member education resources. |
| Seats Are Still Available for Benefits Training! | SBO | 07/29/2025 | State Agency benefit-eligible employees | 15,508 | Continue to promote educational tools and resources that help members identify high quality, high value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. |



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| | | | | | Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |
| Important Information Regarding Your Health Plan | SBO | 08/05/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the Comprehensive PPO health plan | 96 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. |



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| | | | | | Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |
| Important Information Regarding Your Health Plan | SBO | 08/05/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the First State Basic health plan | 31 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. |



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| Important Information Regarding Your Health Plan | SBO | 08/05/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the CDH Gold health plan | 27 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. |



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| | | | | | Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |
| Important Information Regarding Your Health Plan | SBO | 08/05/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the HMO health plan | 36 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. |



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| | | | | | Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |
| Get the Facts on What's Happening – July 2025 Updates | SBO | 08/07/2025 | Benefit-eligible employees of State Agencies, K12, DTCC, and DSU | 40,911 | Continue to communicate the value of benefits provided along with member education resources. |
| Mandatory HIPAA Training | SBO | 08/19/2025 | Members of the HIPAA Workforce from Participating groups who are out of compliance with the HIPAA Training Policy | 127 | • N/A |
| Upcoming Employee Assistance Program (EAP) Webinars | SBO | 08/27/2025 | State Agency, K12, DTCC & DSU employees who are enrolled in a State of Delaware non-Medicare Health Plan (Highmark Delaware or Aetna) | 35,788 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. |
| Single Sign-On (SSO) Access – The Hartford Ability Advantage (THAA) | SBO | 09/02/2025 | DIP/RTW Representatives whose employing organizations are integrated into id.delaware.gov | 272 | • N/A |



| Subject | Distribution Mailbox | Date Distributed | Target Audience | Total Recipients | SBO Tactics based on SEBC Strategic Framework |
|--|-------------------------|---------------------|---|---------------------|---|
| Seats Are Still Available for Benefits Training! | SBO | 09/08/2025 | State Agency benefit-eligible employees | 15,512 | Continue to promote educational tools and resources that help members identify high quality, high value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |



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|--|-------------------------|---------------------|--|---------------------|---|
| Important Information Regarding Your Health Plan | SBO | 09/09/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the Comprehensive PPO health plan | 351 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |



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|--|-------------------------|---------------------|--|---------------------|---|
| Important Information Regarding Your Health Plan | SBO | 09/09/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the First State Basic health plan | 122 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |



| Subject | Distribution Mailbox | Date Distributed | Target Audience | Total Recipients | SBO Tactics based on SEBC Strategic Framework |
|--|-------------------------|---------------------|---|---------------------|---|
| Important Information Regarding Your Health Plan | SBO | 09/09/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the CDH Gold health plan | 69 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |



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|--|-------------------------|---------------------|--|---------------------|---|
| Important Information Regarding Your Health Plan | SBO | 09/09/2025 | State Agency, K12, DTCC, and DSU benefit-eligible employees who recently enrolled in the HMO health plan | 88 | Continue to promote educational tools and resources that help members identify high-quality, high-value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |



| Subject | Distribution Mailbox | Date Distributed | Target Audience | Total Recipients | SBO Tactics based on SEBC Strategic Framework |
|---|-------------------------|---------------------|---|---------------------|---|
| Important Information Regarding Your Delta Dental Plan | SBO | 09/09/2025 | State Agency, K12, DTCC, and DSU employees enrolled in the Delta Dental plan for the FY26 plan year | 19,917 | Continue to communicate the value of benefits provided along with member education resources. |
| Important Information Regarding Your Dominion National Dental Plan | SBO | 09/09/2025 | State Agency, K12, DTCC, and DSU employees enrolled in the Dominion National plan for the FY26 plan year | 1,722 | Continue to communicate the value of benefits provided along with member education resources. |
| Important Information Regarding Your State of Delaware EyeMed Vision High Plan | SBO | 09/09/2025 | State Agency, K12, DTCC, and DSU employees enrolled in the State of Delaware EyeMed Vision High Plan for the FY26 plan year | 11,762 | Continue to communicate the value of benefits provided along with member education resources. |
| Important Information Regarding Your State of Delaware EyeMed Vision Low Plan | SBO | 09/09/2025 | State Agency, K12, DTCC, and DSU employees enrolled in the State of Delaware EyeMed Vision Low plan for the FY26 plan year | 9,515 | Continue to communicate the value of benefits provided along with member education resources. |
| Feedback Survey - "Disability Claim Process Overview & THAA Portal Training" | SBO | 09/10/2025 | Attendees (with an email address on file) from the 09/09/2025 THAA Training | 64 | • N/A |
| Get the Facts on What's Happening – September 2025 Updates | SBO | 09/11/2025 | Benefit-eligible employees of State Agencies, K12, DTCC, and DSU | 40,155 | Continue to communicate the value of benefits provided along with member education resources. |
| Aetna Live and Recorded Webinars | SBO | 09/18/2025 | Benefit-Eligible Agency, K12, DTCC, and DSU Employees | 41,156 | Continue to communicate the value of benefits provided along with member education resources. |
| Seats Are Still Available for Benefits Training! | SBO | 09/29/2025 | State Agency benefit-eligible employees | 15,512 | Continue to promote educational tools and resources that help members identify high quality, high value providers. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and |

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| | | | | | supplies at no cost to members, to support healthy lifestyles. Continue to offer access to physical therapy in multiple formats. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to explore, implement, and promote medical TPA programs and plan designs that help steer members to most appropriate sites of care. Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to monitor utilization of the third-party Centers of Excellence benefit and drive engagement through additional member education and ongoing review of incentives. Continue to communicate the value of benefits provided along with member education resources. |



Electronic Communications: Benefits Bulletin

| July | https | https://dhr.delaware.gov/benefits/news/documents/2025/070825.pdf | | | | | | |
|---|---|--|-----------------------------------|-------------------|--------------------------------|-------|--|--|
| Distribution Mail | box: | SBO Communications | 3 | Date Distributed: | 07/08/2025 | | | |
| Target Audience: Benefit-eligible employees of State agencies, K12, DTC | | | | DTCC, and DSU | | | | |
| Articles: | New Plan Year State Employee Benefits Committee (SEBC) Corner Compare Providers and Facilities Benefit Paycheck Deductions Upcoming Webinars State Group Universal Life Insurance Summer Breeze Smoothie Hidden Treasures Activity | | | | | | | |
| Total Recipients: | 41,18 | 89 | Trackable Links (Y/N): | Yes | Sessions: | 1,100 | | |
| Page Views: | 2,183 | 3 | Average Session Duration (MM:SS): | 0:38 | Hidden Treasures Responses: | 26 | | |
| SBO Tactics Based on SEBC Strategic Framework | • () • () • () | Continue to communicate the value of benefits provided along with member education resources. Continue to educate GHIP members on lower cost alternatives to the emergency room for non-emergency care. Steer new employees to health care consumerism tools. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. | | | | | | |

| August | https://dhr.delaware.gov/benefits/news/documents/2025/080625.pdf | | | | | | | |
|-----------------------|--|--|--|--|--|--|--|--|
| Distribution Mailbox: | | SBO Communications | 08/06/2025 | | | | | |
| Target Audience: | | Benefit-eligible employees of State agencies, K12, DTCC, and DSU | | | | | | |
| | • | FY25 Flexible Spending Account (FSA) Deadlines | | | | | | |
| Articles: | • | State Employee Benefits Committee (SEBC) Corner | te Employee Benefits Committee (SEBC) Corner | | | | | |
| | • | National Immunization Awareness Month | | | | | | |



| | National Eye Exam Month Upcoming Webinars Tomato and Tomatillo Gazpacho Hidden Treasures Activity | | | | | | |
|---------------------------|--|-----------------------------------|-----------|-------------------------------------|-----|--|--|
| Total Recipients: | 40,979 | Trackable Links (Y/N): | Yes | Sessions: | 836 | | |
| Page Views: | 1,690 | Average Session Duration (MM:SS): | 0:38 | Hidden Treasures Responses: | 59 | | |
| SBO Tactics Based on SEBC | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk | | | | | | |
| Strategic Framework | reduction through the | GHIP and other community r | esources. | nt and lifestyle risk reduction pro | | | |

| September | https://dhr.delaware.gov/benefits/news/documents/2025/091025.pdf | | | | | | |
|--|--|---|------|--------------------------------|-----|--|--|
| Distribution Mails | SBO Communication | SBO Communications Date Distributed: 09/10/2025 | | | | | |
| Target Audience | Audience: Benefit-eligible employees of State agencies, K12, DTCC, and DSU | | | | | | |
| Articles: | Pain Awareness Month Get Your Flu Vaccine This Fall State Employee Benefits Committee (SEBC) Corner Cholesterol Education Month National Recovery Month Upcoming Webinars Financial Wellness Webinar from the Office of the State Treasurer (OST) Donate Blood Honey-Herb Chicken Hidden Treasures Activity | | | | | | |
| Total Recipients: | 41,155 | Trackable Links (Y/N): | Yes | Sessions: | 765 | | |
| Page Views: | 1,367 | Average Session Duration (MM:SS): | 0:37 | Hidden Treasures Responses: | 60 | | |
| SBO Tactics Based on SEBC Strategic Framework | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of GHIP care management and lifestyle risk reduction programs. Continue to offer access to physical therapy in multiple formats. | | | | | | |



• Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources.



Electronic Communications: State Memos

| Subject | Memo Number | Date Distributed | Target Audience | Total Recipients | SBO Tactics Based on SEBC Strategic Framework |
|---|----------------|---------------------|--|---------------------|--|
| Get the Facts on What's Happening FAQs – June 2025 Updates | #25-23 | 07/08/2025 | Human Resource and Benefits Managers & Specialists, School Personnel Administrators, and Business Managers | 544 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. |
| Medicare Eligible Employees Transitioning to Retirement | #25-24 | 07/17/2025 | Human Resource and Benefits Managers and Specialists, School Personnel Administrators, and Business Managers | 549 | • N/A |
| Revised Procedure ACC-002 - Procedures for Submitting Benefit Refund/Adjustment Forms | #25-25 | 08/04/2025 | Human Resource and Benefits Managers and Specialists, School Personnel Administrators, and Business Managers | 552 | • N/A |
| Get the Facts on What's Happening FAQs – July 2025 Updates | #25-26 | 08/06/2025 | Human Resource and Benefits Managers & Specialists, School Personnel Administrators, and Business Managers | 553 | Continue to communicate the value of benefits provided along with member education resources. |
| SBO Procedure ADMNP-015 Entering State Benefits Enrollment for New Hires | #25-27 | 08/12/2025 | Human Resource and Benefits Managers & Specialists, School Personnel Administrators, and Business Managers | 531 | • N/A |
| Health Advocate Employee Assistance Program Webinars | #25-28 | 08/26/2025 | Human Resource and Benefits Managers & Specialists, School Personnel Administrators, and Business Managers | 528 | Continue to communicate the value of benefits provided along with member education resources. |



| Subject | Memo Number | Date Distributed | Target Audience | Total Recipients | SBO Tactics Based on SEBC Strategic Framework |
|---|----------------|---------------------|--|---------------------|--|
| | | | | · | Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. |
| Get the Facts on What's Happening FAQs – September 2025 Updates | #25-29 | 09/10/2025 | Human Resource and Benefits Managers & Specialists, School Personnel Administrators, and Business Managers | 522 | Continue to communicate the value of benefits provided along with member education resources. |
| TheraPay DPP Pilot Program for Eligible Employees Enrolled in a Highmark Delaware Health Plan and Associated Incentive Payments | #25-30 | 09/11/2025 | Human Resource and Benefits Managers & Specialists, School Personnel Administrators, and Business Managers | 542 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. |
| Section 1557 (Nondiscrimination Provision) of the Affordable Care Act Online Training Requirement | #25-31 | 09/30/2025 | Human Resource and Benefits Managers & Specialists, School Personnel Administrators, and Business Managers | 520 | • N/A |



Electronic Communications: Participating Group Memos

| Subject | Memo Number | Date Distributed | Target Audience | Total Recipients | SBO Tactics Based on SEBC Strategic Framework |
|--|----------------|---------------------|--|---------------------|--|
| Get the Facts on What's Happening FAQs – June 2025 Updates | #25-15 | 07/08/2025 | Group Health Insurance Plan Participating Group Human Resource and Benefits Managers & Representatives | 177 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. |
| Get the Facts on What's Happening FAQs – July 2025 Updates | #25-16 | 08/06/2025 | Group Health Insurance Plan Participating Group Human Resource and Benefits Managers & Representatives | 172 | Continue to communicate the value of benefits provided along with member education resources. |
| Action Required: Update the NEBS Group Coverage Cost Configuration and the Group Coverage Cost Share Table with New Health Plan Rates for Plan Year Beginning July 1, 2025 | #25-17 | 08/20/2025 | Group Health Insurance Plan Participating Group Human Resource and Benefits Managers & Representatives (Not including: DSHA, DSWA, DOI Rehab & Liquidation, and DTC) | 161 | • N/A |
| Health Advocate Employee Assistance Program Webinars | #25-18 | 08/26/2025 | Group Health Insurance Plan Participating Group Human Resource and Benefits Managers & Representatives | 173 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to |



| Subject | Memo Number | Date Distributed | Target Audience | Total Recipients | SBO Tactics Based on SEBC Strategic Framework |
|---|----------------|---------------------|--|---------------------|---|
| | | | | · | support lifestyle risk reduction through the GHIP and other community resources. |
| Get the Facts on What's Happening FAQs – September 2025 Updates | #25-19 | 09/10/2025 | Group Health Insurance Plan Participating Group Human Resource and Benefits Managers & Representatives | 177 | Continue to communicate the value of benefits provided along with member education resources. |
| Section 1557 (Nondiscrimination Provision) of the Affordable Care Act Online Training Requirement | #25-20 | 09/30/2025 | Group Health Insurance Plan Participating Group Human Resource and Benefits Managers & Representatives | 178 | • N/A |



Electronic Communications: Organizational Specific Memos

| Subject | Date Distributed | Target Audience | Total Recipients | SBO Tactics Based on SEBC Strategic Framework |
|--|---------------------|--|---------------------|--|
| Get the Facts on What's Happening FAQs – June 2025 Updates | 07/08/2025 | Delaware Senators, House Representatives, and Legislative Staff | 172 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to offer condition-specific resources for diabetes and metabolic syndrome through the State Group Health plan, including coverage of select diabetes prescriptions and supplies at no cost to members, to support healthy lifestyles. |
| Updates related to Delaware Paid Leave | 07/24/2025 | Human Resource, Benefits, and Payroll Managers & Specialists, School Personnel Administrators, Business Managers, and "Delaware Paid Leave" Administrative Points of Contact at State Agencies, School Districts, Charter Schools, DTCC, and DSU | 452 | • N/A |
| Get the Facts on What's Happening FAQs – July 2025 Updates | 08/06/2025 | Delaware Senators, House Representatives, and Legislative Staff | 205 | Continue to communicate the value of benefits provided along with member education resources. |
| Action Required: Update the NEBS Group Coverage Cost Configuration and the Group Coverage Cost Share Table with New Health Plan Rates for Plan Year Beginning July 1, 2025 | 08/20/2025 | DSHA, DSWA, DOI Rehab & Liquidation, and DTC Human Resource and Benefits Managers & Representatives | 42 | • N/A |
| Disability Insurance Program (DIP) – New, Updated Training | 08/25/2025 | University of Delaware (UD) and Delaware Solid Waste Authority (DSWA) | 29 | • N/A |



| Subject | Date Distributed | Target Audience | Total Recipients | SBO Tactics Based on SEBC Strategic Framework |
|--|---------------------|---|---------------------|---|
| Topic "Disability Claim Process Overview & THAA Portal Training" (Sept. 2025 – Dec. 2025) | Distributed | DIP/RTW Representatives (Human Resource, Benefits, or Payroll Representatives with Disability Insurance Program (DIP) or Return to Work (RTW) Administrative or Paying Responsibilities) | Recipients | |
| Disability Insurance Program (DIP) – New, Updated Training Topic "Disability Claim Process Overview & THAA Portal Training" (Sept. 2025 – Dec. 2025) | 08/25/2025 | DIP/RTW Representatives (State Agency, School District, Charter School, DTCC, and DSU Human Resource, Benefits, or Payroll Representatives with Disability Insurance Program (DIP) or Return to Work (RTW) Administrative or Paying Responsibilities) | 400 | • N/A |
| Single Sign-On (SSO) Access – The Hartford's Website | 09/02/2025 | DIP/RTW Representatives (State Agency, School District, Charter School, DTCC, and DSU Human Resource, Benefits, or Payroll Representatives with Disability Insurance Program (DIP) or Return to Work (RTW) Administrative or Paying Responsibilities) | 392 | • N/A |
| Get the Facts on What's Happening FAQs – September 2025 Updates | 09/10/2025 | Delaware Senators, House Representatives, and Legislative Staff | 205 | Continue to communicate the value of benefits provided along with member education resources. |
| Disability Insurance Program (DIP) – New Requirements for Obtaining and Maintaining The Hartford Ability Advantage (THAA) Access | 9/15/2025 | DIP/RTW Representatives (State Agency, School District, Charter School, DTCC, and DSU Human Resource, Benefits, or Payroll Representatives with Disability Insurance Program (DIP) or Return to Work (RTW) Administrative or Paying Responsibilities) | 388 | • N/A |
| Disability Insurance Program (DIP) – New Requirements for Obtaining and Maintaining The Hartford Ability Advantage (THAA) Access | 9/15/2025 | University of Delaware (UD) and Delaware Solid Waste Authority (DSWA) DIP/RTW Representatives (Human Resource, Benefits, or Payroll Representatives with Disability Insurance | 31 | • N/A |

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| Subject | Date Distributed | Target Audience | Total Recipients | SBO Tactics Based on SEBC Strategic Framework |
|--|---------------------|--|---------------------|---|
| | | Program (DIP) or Return to Work (RTW) Administrative or Paying Responsibilities) | | |
| Important Information about 2025 Special Medicfill Open Enrollment | 09/23/2025 | Delaware Transit Corporation and Delaware State Housing Authority Human Resource and Benefits Managers & Representatives | 36 | • N/A |
| Important Information about 2025 Special Medicfill Open Enrollment | 09/23/2025 | City of Dover, City of Rehoboth, and Town of Smyrna Human Resource and Benefits Managers & Representatives | 35 | • N/A |



Electronic Communications: State Alerts

| Subject | Alert Number | Date Distributed | Target Audience | Total Recipients | SBO Tactics Based on SEBC Strategic Framework |
|--|-----------------|---------------------|-----------------|---------------------|--|
| None were sent for the 1 st quarter of FY26 | N/A | N/A | N/A | N/A | N/A |



Electronic Communications: Participating Group Alerts

| Subject | Alert | Date | Target Audience | Total | SBO Tactics Based on SEBC Strategic |
|--|--------|-------------|-----------------|------------|-------------------------------------|
| | Number | Distributed | | Recipients | Framework |
| None were sent for the 1 st quarter of FY26 | N/A | N/A | N/A | N/A | N/A |



Electronic Communications: SBO Communications Mailbox Responses

| July | |
|------------------|--|
| Total Email | 14 |
| Responses Sent: | 14 |
| | Issues/questions forwarded to CST = 12 |
| Response Topics: | Training question/issue = 1 |
| | Contact list updates = 1 |

| August | |
|--------------------------------|---|
| Total Email Responses Sent: | 23 |
| Response Topics: | Benefits question = 10 Issues/questions forwarded to CST = 9 Training question/issue = 3 Issues/questions forwarded to Prescription Program Lead = 1 |

| September | |
|--------------------------------|---|
| Total Email Responses Sent: | 25 |
| Response Topics: | Issues/questions forwarded to CST = 11 Benefits question = 11 Training question/issue = 2 Website update = 1 |



Electronic Communications: Vendor Communications*

*This section captures general communications that are distributed to the broad audience. Other communications may be sent by vendors based on specific events related to a member.

| Vendor | Communication Description | Distribution Date | Distribution Quantity | SBO Tactics Based on SEBC Strategic Framework |
|--------------|---|----------------------|--|---|
| ASIFlex | FSA Plan Reminder Deadlines (Email/Text) | 07/07/2025 | 7,683 | Continue to communicate the value of benefits provided along with member education resources. |
| Hinge Health | General Program Awareness | 07/14/2025 | 9,000 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to offer access to physical therapy in multiple formats. |
| EyeMed | Q3 Special Offers | 07/15/2025 | Members who have opted into email and have not used their benefits | Continue to communicate the value of benefits provided along with member education resources. |
| ASIFlex | FSA Plan Reminder Deadlines (Email/Text) | 07/15/2025 | 6,364 | Continue to communicate the value of benefits provided along with member education resources. |
| EyeMed | Integrated Solutions – Hearing and Seeing | 07/22/2025 | Members who opted into text messages | Continue to communicate the value of benefits provided along with member education resources. |
| ASIFlex | FSA Plan Reminder Deadlines (Email/Text) | 07/22/2025 | 5,686 | Continue to communicate the value of benefits provided along with member education resources. |
| ASIFlex | FSA Plan Reminder Deadlines (Email/Text) | 07/28/2025 | 5,482 | Continue to communicate the value of benefits provided along with member education resources. |



| ASIFlex | FSA Plan Reminder Deadlines (Email/Text) | 08/12/2025 | 4,479 | Continue to communicate the value of benefits provided along with member education resources. |
|---------|--|------------|---------------------------------------|---|
| EyeMed | National Eye Exam Month | 08/14/2025 | Members who opted into text messages | Continue to communicate the value of benefits provided along with member education resources. |
| ASIFlex | FSA Plan Reminder Deadlines (Email/Text) | 08/28/2025 | 3,845 | Continue to communicate the value of benefits provided along with member education resources. |
| ASIFlex | FSA Plan Reminder Deadlines (Email/Text) | 09/15/2025 | 3,191 | Continue to communicate the value of benefits provided along with member education resources. |
| EyeMed | Could LASIK Be Right For You? | 09/16/2025 | Members who opted into text messages | Continue to communicate the value of benefits provided along with member education resources. |
| EyeMed | Q3 InSIGHTS – National Eye Exam Month | 09/19/2025 | Members who opted into email messages | Continue to communicate the value of benefits provided along with member education resources. |
| EyeMed | Photochromatic Lenses | 09/30/2025 | Members who opted into text messages | Continue to communicate the value of benefits provided along with member education resources. |



Printed Communications: Letters/Packets

| Description | Target Audience | Mail Date | Quantity | Contents |
|--------------------|---------------------------------|------------|----------|---|
| Retiree Healthcare | State Non-Medicare and Medicare | 09/29/2025 | 33,349 | Included articles related to Special Medicfill Open |
| Newsletter | pensioners | | | Enrollment, decisions made by the SEBC, and |
| | | | | information about behavioral health/emotional |
| | | | | wellbeing resources. |



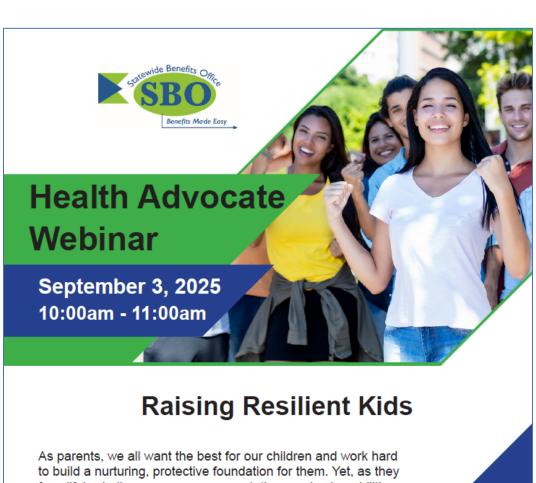
Printed Communications: Postcards

SBO did not design or distribute any postcard during FY25 Q2.



Printed Communications: Posters/Flyers

| 1 Descr | iption: | Sept | September EAP Webinar Flyer | | | | | | |
|--------------------|---------|--------|-----------------------------|----------------|--|-------------|-----|-----------------------------------|---------------|
| Mail/Post Date: | 08/21/ | 2025 | Targ Aud | get lience: | State of Delaware employees enrolled in a non-Medicare health plan | | | Quantity: | Posted online |
| QR Code (Y/N): | Yes | Sessio | ns: | N/A | | Page Views: | N/A | Average Session Duration (MM:SS): | N/A |



to build a nurturing, protective foundation for them. Yet, as they face life's challenges, our own expectations and vulnerabilities can influence their growth. How can we ensure that our beliefs and actions are creating the best foundation for them to thrive?

and actions are creating the best foundation for them to thrive? Join us as we explore the complexities of parenting, our unique relationships with our children, and evidence-based strategies

to foster resilience.

Register at de.gov/statewidebenefits

(Select your group, then Health Advocate, then Webinars)



| 2 Descr | iption: | Octo | October EAP Webinar Flyer | | | | | | |
|--------------------|---------|---------|---------------------------|-----------------|--|-------------|-----|-----------------------------------|---------------|
| Mail/Post Date: | 08/21/ | 2025 | | rget dience: | State of Delaware employees enrolled in a non-Medicare health plan | | | Quantity: | Posted online |
| QR Code (Y/N): | Yes | Session | ns: | N/A | | Page Views: | N/A | Average Session Duration (MM:SS): | N/A |



Our Aging Parents

Aging is part of life. Preparing to care for the changing needs of an aging parent, though, may not be easy or simple. Sometimes we need help identifying what kind of assistance a parent might need. We may have trouble altering our expectations or understanding how to help our parents adjust. Whether it's regarding household chores or duties, financial assistance, or dealing with family conflicts, there are ways to age flexibly and with ease.



| 3 Descr | iption: | Octo | October EAP Webinar Flyer | | | | | | |
|--------------------|---------|---------|---------------------------|----------------|--|--|-----|-----------------------------------|---------------|
| Mail/Post Date: | 08/21/ | 2025 | | get dience: | | e of Delaware em olled in a non-Me ı | · · | Quantity: | Posted online |
| QR Code (Y/N): | Yes | Session | ns: | N/A | | Page Views: | N/A | Average Session Duration (MM:SS): | N/A |



Management and Leadership Skills

This workshop reviews fundamental management and leadership skills, including relationship building, essential communication and listening skills, and conducting performance reviews and advisory meetings. It is valuable for new managers or those with limited formal management training, providing practical tools to enhance their effectiveness.





| 4 Des | cription: | Nove | November EAP Webinar Flyer | | | | | | |
|--------------------|-----------|--------|----------------------------|-----------------|--|--|-----|-----------------------------------|---------------|
| Mail/Post Date: | 08/21, | /2025 | | rget dience: | | e of Delaware em olled in a non-Me n | | Quantity: | Posted online |
| QR Code (Y/N): | Yes | Sessio | ns: | N/A | | Page Views: | N/A | Average Session Duration (MM:SS): | N/A |



Get a Great Night's Sleep! Successful Tips and Tricks

Are you tired of tossing and turning at night? Technology, fast-paced lives, and stress can negatively impact the ability to get a good night's sleep. In this interactive workshop, you'll learn simple steps and strategies to turn restless nights into restorative sleep. In no time, waking up refreshed and energized will be the norm.





| 5 Descr | iption: | Nove | November EAP Webinar Flyer | | | | | | |
|--------------------|---------|---------|----------------------------|-----------------|--|-------------|-----|-----------------------------------|---------------|
| Mail/Post Date: | 08/21/2 | 2025 | | rget dience: | State of Delaware employees enrolled in a non-Medicare health plan | | | Quantity: | Posted online |
| QR Code (Y/N): | Yes | Session | ns: | N/A | | Page Views: | N/A | Average Session Duration (MM:SS): | N/A |



Register at de.gov/statewidebenefits

(Select your group, then Health Advocate, then Webinars)



| 6 Descr | iption: | Dece | December EAP Webinar Flyer | | | | | | |
|--------------------|---------|---------|----------------------------|----------------|--|--|-----|-----------------------------------|---------------|
| Mail/Post Date: | 08/21/ | 2025 | Tar _{ | get dience: | | e of Delaware em olled in a non-Me ı | • • | Quantity: | Posted online |
| QR Code (Y/N): | Yes | Session | ns: | N/A | | Page Views: | N/A | Average Session Duration (MM:SS): | N/A |



Depression, Anxiety, and Burnout: Moving Toward Hope and Health

For some people, feelings of depression, anxiety and burnout may seem insurmountable. Those experiencing these conditions are far from alone, but recognizing when we need extra support for our emotional and mental well-being is critical. This discussion defines each of these conditions, including the signs and symptoms and ways to seek help when needed.





| Descr | iption: | Dece | December EAP Webinar Flyer | | | | | | |
|--------------------|---------|---------|----------------------------|-----------------|--|--|-----|-----------------------------------|---------------|
| Mail/Post Date: | 08/21/ | 2025 | | rget dience: | | e of Delaware em olled in a non-Me ı | | Quantity: | Posted online |
| QR Code (Y/N): | Yes | Session | ns: | N/A | | Page Views: | N/A | Average Session Duration (MM:SS): | N/A |



Managing Emotional Health & Employee Well-Being

Discussing mental health remains a challenge in many workplaces, despite its impact on productivity and safety. This workshop aims to educate and empower managers to identify and support employees experiencing emotional health issues. Participants will learn about emotional (mental) health, recognize objective warning signs, and collaborate with resources like the EAP to address and manage these issues effectively.

Register at de.gov/statewidebenefits

(Select your group, then Health Advocate, then Webinars)



Printed Communications: Vendor Communications*

*This section captures general communications that are distributed to the broad audience. Other communications may be sent by vendors based on specific events related to a member.

| Vendor | Communication Description | Distribution Date | Distribution Quantity | SBO Tactics Based on SEBC Strategic Framework |
|-----------------|---|----------------------|---|---|
| Health Advocate | Introduction to New EAP Vendor and Services | 07/18/2025 | 44,888 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. |
| Hinge Health | General Program Awareness | 07/21/2025 | 48,000 | Continue to communicate the value of benefits provided along with member education resources. Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. Continue to offer access to physical therapy in multiple formats. |
| Aetna | July Site of Care Postcards | 07/29/2025 | 655 | Continue to educate GHIP members on lower cost alternatives to the emergency room for non- emergency care. |
| Lantern | Member ID Card Mailer | 08/04/2025 | 41,960 | Continue to communicate the value of benefits provided along with member education resources. Continue to offer access to providers who deliver high-quality, cost-efficient health care. Continue to promote educational tools and resources that help members identify high-quality, high-value providers. |
| EyeMed | Q3 At Risk Mailer | 08/15/2025 | Members determined at risk during an eye exam | Continue to educate members on the availability of preventive care and condition-specific resources to support lifestyle risk reduction through the GHIP and other community resources. |



| Vendor | Communication Description | Distribution Date | Distribution Quantity | SBO Tactics Based on SEBC Strategic Framework |
|--------------------|---------------------------------------|----------------------|--------------------------|--|
| Aetna | August Site of Care Postcards | 08/28/2025 | 681 | Continue to educate GHIP members on lower cost alternatives to the emergency room for non- emergency care. |
| Securian Financial | New Claim Submission Process (Mailer) | 09/15/2025 | 5,457 | Continue to communicate the value of benefits provided along with member education resources. |
| Highmark Delaware | Site of Care Postcards | 09/22/2025 | 9,711 | Continue to educate GHIP members on lower cost alternatives to the emergency room for non- emergency care. |
| Aetna | September Site of Care Postcards | 09/30/2025 | 668 | Continue to educate GHIP members on lower cost alternatives to the emergency room for non- emergency care. |



Website Statistics: Google Analytics*

*A session is a single user's visit to the SBO website until the browser window is closed. During a session, an individual may view multiple pages. And the same user may have more than one session if they visit the site more than once during the month.

| July | | | |
|-----------------------------------|---|---|--------|
| Sessions: | 24,170 | Total Page Views: | 60,500 |
| Average Session Duration (MM:SS): | 1:18 | Pages Per Session: | 3.82 |
| Top Ten Page Views: | K12, DTCC, & DS SEBC Page (1,61 Health Advocate Policies & Proce SEBC: Get the Fa | nployees Main Page (5,289) U Employees Main Page (26) Page (1,496) dures Page (1,226) acts Page (909) Pent Page (864) | |

| August | | | | |
|-----------------------------------|-------------------------|--|--|--------|
| Sessions: | 19,347 | | Total Page Views: | 48,867 |
| Average Session Duration (MM:SS): | 1:18 | | Pages Per Session: | 3.71 |
| Top Ten Page Views: | 2. 3. 4. 5. 5. 7. 8. 9. | K12, DTCC, & DSI SEBC Page (1,224 Health Advocate Policies & Proced Choosing the Rig Agency Enrollme Agency Highmarl | ployees Main Page (4,376) U Employees Main Page (2 4) Page (1,060) dures Page (851) ht Care Page (847) | |

| September | | | |
|-----------------------------------|--------|--------------------|--------|
| Sessions: | 13,867 | Total Page Views: | 50,336 |
| Average Session Duration (MM:SS): | 1:21 | Pages Per Session: | 3.63 |



| Top Ten Page Views: | Homepage (11,692) State Agency Employees Main Page (4,631) K12, DTCC, & DSU Employees Main Page (2,282) SEBC Page (1,378) Policies & Procedures Page (1,519) Health Advocate Page (739) Agency Enrollment Page (738) Choosing the Right Care Page (737) Benefits Bulletin – eNewsletter Page (688) Agency Highmark Delaware Page (683) | |
|---------------------|---|--|
|---------------------|---|--|



Website Statistics: Website Updates

| July | |
|---------------------------------|--|
| Total Website Updates Requested | 44 |
| Update Topics: | Communications: 13 EAP: 7 Procedure Updates: 5 Flexible Spending Account: 5 Health: 5 Accident & Critical Illness Insurance: 2 Disability Insurance Program: 2 Training: 2 Vision: 1 Group Universal Life: 1 Dental: 1 |

| August | |
|------------------------------------|---|
| Total Website Updates Requested | 29 |
| Update Topics: | Communications: 12 Special Medicfill Open Enrollment: 4 EAP: 4 Benefits Enrollment: 2 Vision: 2 Contact List: 1 Dental: 1 Disability Insurance Program: 1 Procedure Updates: 1 Prescription: 1 |

| September | |
|---------------------------------|--|
| Total Website Updates Requested | 35 |
| Update Topics: | Communications: 12 Health: 4 Special Medicfill Open Enrollment: 3 Vision: 2 Training: 2 Flexible Spending Account: 2 Group Universal Life: 2 Benefits Enrollment: 1 Prescription: 1 Disability Insurance Program: 1 |



Lung Health Resources: 1
Accident & Critical Illness: 1
Procedure Updates: 1
Rate Sheet: 1
SEBC: 1



Website Statistics: Website Survey Responses

| July | |
|----------------------------|---|
| Total Surveys Received: | 2 |
| Survey Topics: | GLP-1s: 1 Transitioning to Medicare: 1 |

| August | |
|----------------------------|--|
| Total Surveys Received: | 2 |
| Response Topics: | Health Plan Feedback: 1Dental Coverage: 1 |

| September | |
|----------------------------|----------------------|
| Total Surveys Received: | 0 |
| Response Topics: | No surveys submitted |



Training: Instructor-Led Training (ILT)

| Title: | Why Do We Have The Benefits That We Have? | | |
|-----------------------------------|---|--------------|-----------|
| Target Audience: | Benefit-eligible State Agency employees Date(s): 07/10/2025 | | |
| Attendance: | 14 | Facilitated: | Virtually |
| Evaluation Feedback | | | |
| No evaluation responses provided. | | | |

| 2 Title: | Benefits 101 | | |
|-----------------------------------|---|--------------|------------|
| Target Audience: | Benefit-eligible State Agency employees | Date(s): | 07/15/2025 |
| Attendance: | 16 | Facilitated: | Virtually |
| <u>Evaluation Feedback</u> | | | |
| No evaluation responses provided. | | | |

| Title: | Benefit Information @ Your Fingertips | | |
|------------------|---|--------------|-----------|
| Target Audience: | Benefit-eligible State Agency employees Date(s): 08/06/2025 | | |
| Attendance: | 5 | Facilitated: | Virtually |

- 1. 100% of respondents Strongly Agree or Agree that the course learning objectives were clearly communicated.
- 2. 100% of respondents Strongly Agree or Agree that the course learning objectives were met.
- 3. 100% of respondents Strongly Agree or Agree that the instructor was knowledgeable on the content of this course.
- 4. 100% of respondents Strongly Agree or Agree that the instructor was engaging and held their attention.
- 5. 100% of respondents Strongly Agree or Agree that the use of materials (presentation/videos/activities) was effective.
- 6. 75% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 7. 100% of respondents Strongly Agree or Agree that overall, they were satisfied with the training.

| 4 Title: | Benefits 101 | | |
|---------------------|---|--|--|
| Target Audience: | Benefit-eligible State Agency employees Date(s): 08/19/2025 | | |
| Attendance: | Attendance: 19 Facilitated: Virtually | | |
| Evaluation Feedback | | | |



- 1. 100% of respondents Strongly Agree or Agree that the course learning objectives were clearly communicated.
- 2. 100% of respondents Strongly Agree or Agree that the course learning objectives were met.
- 3. 100% of respondents Strongly Agree or Agree that the instructor was knowledgeable on the content of this course.
- 4. 92% of respondents Strongly Agree or Agree that the instructor was engaging and held their attention.
- 5. 82% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 6. 100% of respondents Strongly Agree or Agree that overall, they were satisfied with the training.

| Title: | Statewide Benefits | | |
|------------------|---|--------------|-------------------------|
| Target Audience: | State of Delaware HR/Benefit Representatives | Date(s): | 09/03/2025 & 09/04/2025 |
| Attendance: | 8 | Facilitated: | Virtually |

- 1. 100% of respondents Strongly Agree or Agree that the course learning objectives were clearly communicated.
- 2. 100% of respondents Strongly Agree or Agree that the course learning objectives were met.
- 3. 100% of respondents Strongly Agree or Agree that the instructor was knowledgeable on the content of this course.
- 4. 100% of respondents Strongly Agree or Agree that the instructor was engaging and held their attention.
- 5. 100% of respondents Strongly Agree or Agree that the use of materials (presentation/videos/activities) was effective.
- 6. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 7. 100% of respondents Strongly Agree or Agree that overall, they were satisfied with the training.

| 6 | Title: | Everything You Need to Know About Covering a Spouse or Dependent | | |
|------------------|--------|--|--------------|------------|
| Target Audience: | | Benefit-eligible State Agency employees | Date(s): | 09/10/2025 |
| Attenda | ance: | 14 | Facilitated: | Virtually |

- 1. 100% of respondents Strongly Agree or Agree that the course learning objectives were clearly communicated.
- 2. 90% of respondents Strongly Agree or Agree that the course learning objectives were met.
- 3. 91% of respondents Strongly Agree or Agree that the instructor was knowledgeable on the content of this course.
- 4. 90% of respondents Strongly Agree or Agree that the instructor was engaging and held their attention.
- 5. 90% of respondents Strongly Agree or Agree that the use of materials (presentation/videos/activities) was effective.
- 6. 91% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 7. 91% of respondents Strongly Agree or Agree that overall, they were satisfied with the training.

| Title: | Benefits 101 | | | |
|---------------------------------------|---|--|--|--|
| Target Audience: | Benefit-eligible State Agency employees Date(s): 06/26/2025 | | | |
| Attendance: 14 Facilitated: Virtually | | | | |
| Evaluation Feedback | | | | |



- 1. 100% of respondents Strongly Agree or Agree that the course learning objectives were clearly communicated.
- 2. 100% of respondents Strongly Agree or Agree that the course learning objectives were met.
- 3. 100% of respondents Strongly Agree or Agree that the instructor was knowledgeable on the content of this course.
- 4. 100% of respondents Strongly Agree or Agree that the instructor was engaging and held their attention.
- 5. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 6. 100% of respondents Strongly Agree or Agree that overall, they were satisfied with the training.



Training: Computer-Based Training (CBT)

| Title: | HIPAA Training for Members of the HIPAA Workforce | | | |
|--|--|---------------|---|--|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 | |
| FY26 Q1 Total Completions: (1,043) | DLC = 986Website = 57 | Assigned: | Yes, assignments are ongoing. This course must be completed annually by all members of the HIPAA Workforce. | |
| FY26 Q1 Evaluations Submitted: (178) | DLC = 121Website = 57 | | | |

Evaluation Feedback

- 1. 98% of respondents Strongly Agree or Agree that the learning objectives were clearly presented in the course.
- 2. 98% of respondents Strongly Agree or Agree that the content was presented clearly.
- 3. 93% of respondents Strongly Agree or Agree that the content was engaging.
- 4. 99% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 5. 97% of respondents Strongly Agree or Agree that they would recommend this training to others.
- 6. 98% of respondents Strongly Agree or Agree that they have a better understanding of HIPAA and how to safeguard PHI.
- 7. 97% of respondents Strongly Agree or Agree that overall, they satisfied with the training.

| 2 Title: | Section 1557 (Nondiscrimination Provision) of the Affordable Care Act | | | |
|--|---|---|-------------------------|--|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/03/2025 – 09/30/2025 | |
| FY26 Q1 Total Completions: (14) | DLC = 9Website = 5 | C = 9 Assigned: Yes, assignments are ongoing. This course must be completed every three years by | | |
| FY26 Q1 Evaluations Submitted: (7) | DLC = 2Website = 5 | | | |

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they have a better understanding of Section 1557 of the Affordable Care Act.
- 4. 100% of respondents Strongly Agree or Agree that they would recommend this training to others.

| 3 | Title: | FY26 How to Select a Health Plan | | |
|------------------|------------------------|--|---------------|-------------------------|
| Version | n(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 |
| FY26 Q Comple | 1 Total etions: (9) | DLC = 4Website = 5 | Assigned: | N/A |



| FY26 Q1 | | DLC = 0 |
|----------------|------------|-------------|
| Evaluations | . . | |
| Submitted: (5) | • | Website = 5 |

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 4. 100% of respondents Strongly Agree or Agree that they learned about resources to help them select the best coverage based on their anticipated needs.
- 5. 100% of respondents Strongly Agree or Agree that overall, they are satisfied with the course.

| 4 | Title: | FY26 Choosing the Right Care | | |
|------------------------------|------------------------|--|---------------------|-------------------------|
| Version | n(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 |
| FY26 Q2 Comple | 1 Total etions: (9) | DLC = 3Website = 6 | Number Assigned: | N/A |
| FY26 Q2 Evaluat Submit | tions | DLC = 0Website = 6 | | |

Evaluation Feedback

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they learned ways to choosing high-quality, safe, and affordable care throughout the plan year.
- 4. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 5. 83% of respondents Strongly Agree or Agree that overall, they were satisfied with the course.

| 5 T | itle: | FY26 Highmark Delaware First State Basic Plan | | | |
|----------------------------------|-------|--|---------------|-------------------------|--|
| Version(s | s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 | |
| FY26 Q1 T | | DLC = 5Website = 0 | Assigned: | N/A | |
| FY26 Q1 Evaluatio Submitte | | DLC = 1Website = 0 | | | |

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 4. 100% of respondents Strongly Agree or Agree that they have a better understanding of the First State Basic Plan.
- 5. 100% of respondents Strongly Agree or Agree that overall, they are satisfied with the course.

| 6 | Title: | FY26 Aetna CDH Gold Plan |
|---|--------|--------------------------|
|---|--------|--------------------------|



| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 |
|--|--|---------------|-------------------------|
| FY26 Q1 Total Completions: (4) | DLC = 3Website = 1 | Assigned: | N/A |
| FY26 Q1 Evaluations Submitted: (1) | DLC = 0Website = 1 | | |

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 4. 100% of respondents Strongly Agree or Agree that they have a better understanding of the CDH Gold Plan.
- 5. 100% of respondents Strongly Agree or Agree that overall, they are satisfied with the course.

| 7 Tit | tle: | FY26 Aetna HMO Plan | | | |
|------------------------------------|------|--|---------------|-------------------------|--|
| Version(s) | : | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 | |
| FY26 Q1 To | | DLC = 4Website = 0 | Assigned: | N/A | |
| FY26 Q1 Evaluation Submitted | | DLC = 0Website = 0 | | | |
| Fundamental Franchisco | | | | | |

Evaluation Feedback

No evaluation responses provided.

| 8 Title: | FY26 Highmark Delaware Comprehensive PPO Plan | | | |
|--|--|---------------|-------------------------|--|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 | |
| FY26 Q1 Total Completions: (6) | DLC = 6Website = 0 | Assigned: | N/A | |
| FY26 Q1 Evaluations Submitted: (0) | DLC = 0Website = 0 | | | |
| Fredhading Fredhadi | | | | |

Evaluation Feedback

No evaluation responses provided.

| 9 | Title: | FY26 Flexible Spending Account (FSA) | | |
|--------|--------|--|---------------|-------------------------|
| Versio | n(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 |



| FY26 Q1 Total Completions: (12) | DLC = 10Website = 2 | Assigned: | N/A |
|--|--|-----------|-----|
| FY26 Q1 Evaluations Submitted: (3) | DLC = 1Website = 2 | | |

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they have a better understanding of the Flexible Spending Account (FSA) and how it can help people save money.
- 4. 100% of respondents Strongly Agree or Agree that they feel more confident in their ability to make informed decisions about participation in the Flexible Spending Account (FSA).
- 5. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 6. 100% of respondents Strongly Agree or Agree that overall, they found the course informative.

| 10 Title: | Spousal Coordination of Benefits | | | |
|--|--|---------------|-------------------------|--|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 | |
| FY26 Q1 Total Completions: (9) | DLC = 6Website = 3 | Assigned: | N/A | |
| FY26 Q1 Evaluations Submitted: (3) | DLC = 0Website = 3 | | | |

Evaluation Feedback

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 4. 100% of respondents Strongly Agree or Agree have a better understanding of spousal coordination of benefits.
- 100% of respondents Strongly Agree or Agree that overall, they are satisfied with the course.

| 11 Title: | Dependent Coordination of Benefits | | |
|--|--|---------------|-------------------------|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 |
| FY26 Q1 Total Completions: (6) | DLC = 4Website = 2 | Assigned: | N/A |
| FY26 Q1 Evaluations Submitted: (2) | DLC = 0Website = 2 | | |

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 4. 100% of respondents Strongly Agree or Agree have a better understanding of dependent coordination of benefits.
- 5. 100% of respondents Strongly Agree or Agree that overall, they are satisfied with the course.



| 12 Title: | Qualifying Events | | | |
|--|--|---------------|-------------------------|--|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 | |
| FY26 Q1 Total Completions: (6) | DLC = 6Website = 0 | Assigned: | N/A | |
| FY26 Q1 Evaluations Submitted: (0) | DLC = 0Website = 0 | | | |
| | | | | |

No evaluation responses provided.

| 13 Title: | Disability Insurance Program Overview | | | |
|--|--|---------------|-------------------------|--|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 | |
| FY26 Q1 Total Completions: (22) | DLC = 18Website = 4 | Assigned: | N/A | |
| FY26 Q1 Evaluations Submitted: (4) | DLC = 0Website = 4 | | | |

Evaluation Feedback

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 4. 100% of respondents Strongly Agree or Agree that they learned who is eligible for the Disability Insurance Program.
- 5. 100% of respondents Strongly Agree or Agree that they have a basic understanding of Short Term Disability, Long Term Disability, and Return to Work.
- 6. 100% of respondents Strongly Agree or Agree that overall, they are satisfied with the course.

| 14 Title: | Short Term Disability | | |
|--|--|---------------|-------------------------|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 |
| FY26 Q1 Total Completions: (26) | DLC = 23Website = 3 | Assigned: | N/A |
| FY26 Q1 Evaluations Submitted: (4) | DLC = 1Website = 3 | | |

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.



- 4. 100% of respondents Strongly Agree or Agree that they have a basic understanding of the Short Term Disability program.
- 5. 100% of respondents Strongly Agree or Agree that they learned how and when to file a Short Term Disability claim.
- 100% of respondents Strongly Agree or Agree that overall, they are satisfied with the course.

| 15 Title: | Long Term Disability | | | |
|--|--|---------------|-------------------------|--|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 | |
| FY26 Q1 Total Completions: (20) | DLC = 18Website = 2 | Assigned: | N/A | |
| FY26 Q1 Evaluations Submitted: (2) | DLC = 0Website = 2 | | | |

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 4. 100% of respondents Strongly Agree or Agree that they have a basic understanding of the Long Term Disability program.
- 5. 100% of respondents Strongly Agree or Agree that they learned how and when to file a Long Term Disability claim.
- 6. 100% of respondents Strongly Agree or Agree that overall, they are satisfied with the course.

| 16 Title: | Return to Work | | | |
|--|--|---------------|-------------------------|--|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 | |
| FY26 Q1 Total Completions: (19) | DLC = 17Website = 2 | Assigned: | N/A | |
| FY26 Q1 Evaluations Submitted: (2) | DLC = 0Website = 2 | | | |

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 4. 100% of respondents Strongly Agree or Agree that they have a basic understanding of the Return to Work program.
- 5. 100% of respondents Strongly Agree or Agree that they learned how the Return to Work program applies to Short Term Disability and Long Term Disability.
- 6. 100% of respondents Strongly Agree or Agree that overall, they are satisfied with the course.

| 17 Title: | Accident and Critical Illness Insurance | | |
|-------------|--|---------------|-------------------------|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 |



| FY26 Q1 Total Completions: (6) | DLC = 5Website = 1 | Assigned: | N/A |
|--|---|-----------|-----|
| FY26 Q1 Evaluations Submitted: (1) | DLC = 0Website = 1 | | |

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they have a better understanding of the Accident and Critical Illness Insurance plans and how they can help people save money.
- 4. 100% of respondents Strongly Agree or Agree that they feel more confident in their ability to make informed decisions about participation in the Accident and Critical Illness Insurance plans.
- 5. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 6. 100% of respondents Strongly Agree or Agree that overall, they found the course informative.

| 18 Title: | State Group Universal Life Insurance | | | |
|--|--|---------------|-------------------------|--|
| Version(s): | Delaware Learning Center (DLC)Website | Availability: | 07/01/2025 – 09/30/2025 | |
| FY26 Q1 Total Completions: (2) | DLC = 0Website = 2 | Assigned: | N/A | |
| FY26 Q1 Evaluations Submitted: (2) | DLC = 0Website = 2 | | | |

- 1. 100% of respondents Strongly Agree or Agree that the content was presented clearly.
- 2. 100% of respondents Strongly Agree or Agree that the length of the course was appropriate for the content.
- 3. 100% of respondents Strongly Agree or Agree that they have a better understanding of the State Group Universal Life (GUL) Insurance plan and how it can help people save money.
- 4. 100% of respondents Strongly Agree or Agree that they feel more confident in my ability to make informed decisions about participation in the State Group Universal Life (GUL) Insurance plan.
- 5. 100% of respondents Strongly Agree or Agree that they would recommend this course to others.
- 6. 100% of respondents Strongly Agree or Agree that overall, they found this course to be informative.



Training: Vendor Webinars

| Vendor | Webinar | Date | Attendance | Evaluation Feedback |
|-----------------|--|------------|------------|---|
| Aetna | Beat the Heat – Preventing Heat Related Illness | 07/08/2025 | 7 | None provided |
| Health Advocate | Grow Where You are Planted: Making the Best of Situations | 07/15/2025 | 91 | None provided |
| Aetna | Getting Organized | 07/24/2025 | 36 | None provided |
| Aetna | Heart in Motion – The Viral Link Between Cardio Fitness and Heart Health | 08/24/2025 | 10 | None provided |
| Health Advocate | Mental Health Awareness in the Workplace | 08/06/2025 | 116 | None provided |
| Aetna | Don't Forget Your Social Life | 08/20/2025 | 4 | None provided |
| The Hartford | Disability Claim Process Overview and THAA Portal Training | 09/09/2025 | 70 | 100% of eval respondents strongly agreed or agreed that: The information presented was useful. The content was organized and easy to follow. The speakers were engaging and knowledgeable. The length of the training was satisfactory. The training met their expectations. They have a better understanding of the Short Term Disability (STD) claim process and how to navigate The Hartford Ability Advantage (THAA) website. |
| Aetna | Power in Volunteering | 09/15/2025 | 3 | None provided |
| Aetna | Understanding Personality Types | 09/25/2025 | 50 | None provided |