

Email Subject Line: New EAP Benefit and Planning for Next Year

Dear State of Delaware Employee,

On March 12, 2020, Governor John Carney issued a State of Emergency declaration to prepare for the spread of the COVID-19 pandemic. Since then, state employees have demonstrated incredible commitment to ensuring that our co-workers, neighbors, friends and families receive public services and benefits essential to the safety and well-being of all Delawareans. The State Employee Benefits Committee (SEBC) appreciates your dedication and remains committed to bringing you and your family health benefits and services that, not only support, but help us thrive during these difficult and complicated times.

To meet the needs of our members, we have added services and eliminated member costs for telehealth visits and expanded employee assistance program (EAP) services including access to additional family support, behavioral health and well-being benefits. Beginning January 1, 2021, State of Delaware Group Health Plan members will have access to even more online and virtual resources through ComPsych, the State's new EAP vendor. More details and information will be sent in the coming months regarding this exciting change.

Looking ahead toward the next plan year, the SEBC is already hard at work evaluating the effectiveness of relatively new benefits specifically designed to offer high-quality and affordable care. Site of care copay differentials, SurgeryPlus and Livongo are just a few examples. Thanks to our members for being actively engaged in their health care and for making wise choices. Together, we have been able to hold health plan rates flat for four straight years.

Let's continue our partnership. We'd like to hear what is working best for you and your family. We also want to hear about any areas that need improvement. Your feedback and ideas are welcome at SEBC@delaware.gov.

Sincerely,

The State Employee Benefits Committee (SEBC)

SEBC Co-Chairs:

Mike Jackson, Director, Office of Management and Budget

Sandra Ross Johnson, Secretary, Department of Human Resources