

**Target Audience:** State Agency, DOE, K12, DTCC & DSU employees enrolled in a State of Delaware health plan

**Subject:** Changes and New Benefits Starting July 1, 2019

Dear Employees,

The State Employee Benefits Committee (SEBC) is happy to announce that together, another successful Benefits Open Enrollment has been completed. Thank you to everyone who helped make it a success!

As we turn our focus to the new plan year that began July 1, 2019, there are a few things that we want to remind you about:

- **Premiums (Rates):**
  - **For the 3<sup>rd</sup> year in a row, premiums for State health plans did not increase.** State vision plan rates also did not increase, while State [dental plan rates](#) increased slightly.
- **Copay Changes (Applies only to [Aetna HMO Plan](#) and [Highmark Comprehensive PPO Plan](#)):**
  - There are new copay amounts for lab, imaging/radiology, telemedicine (now \$0) and emergency room services. Where you choose to go for care can save time and money!
- **New, FREE Benefits:**
  - [SurgeryPlus \(Surgeons of Excellence\)](#): Individuals enrolled in a State of Delaware Aetna or Highmark Delaware health plan are automatically enrolled in this extra benefit. It provides an alternative to using your health plan (Aetna or Highmark Delaware) for a planned surgical procedure that is not an emergency. SurgeryPlus requires doctors and facilities to meet strict credential guidelines leading to the highest quality care possible. Plus, it comes with a concierge service, travel benefits and financial incentives!
  - [Livongo® \(Diabetes Monitoring Program\)](#): Diabetes monitoring is available to individuals with type 1 or type 2 diabetes who are covered under a State of Delaware Aetna or Highmark Delaware health plan. Livongo® provides access to Certified Diabetes Educators to help with diabetes management, Diabetes Response Specialists who are available 24/7 if there is an issue, as well as a free meter and test strips.

You may recall receiving information about these items in communications sent by the Statewide Benefits Office (SBO) before and during Open Enrollment. The SEBC and SBO want you to get the most out of your benefits by staying informed about the resources available. Please be on the lookout for an email next week from SBO with important information (including a video) about your health plan.

Best of Health,

The State Employee Benefits Committee (SEBC)

*SEBC Co-Chairs:*

*Mike Jackson, Director, Office of Management and Budget*

*Sandra Ross Johnson, Secretary, Department of Human Resources*

*SEBC Members:*

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