

Check Your Mail for New ID Cards

Depending on your situation, you may receive ID cards in the mail in June for the new plan year beginning July 1, 2026:

- **Health:** Only *NEW* subscribers/contract holders, and those changing health plans, will receive new ID cards.
- **Prescription:** Only *NEW* subscribers/contract holders who enroll, or change enrollment, in a State of Delaware non-Medicare health plan will receive new ID cards.
- **Lantern:** *ALL* subscribers/contract holders enrolled in a State of Delaware non-Medicare health plan will receive new ID cards.
- **State Dental:**
 - **Delta Dental:** Only *NEW* subscribers/contract holders will receive new ID cards.
 - **Dominion National:** Only *NEW* subscribers/contract holders will receive new ID cards.
- **State Vision:** This year, because of the addition of the enhanced vision benefits at PLUS Providers, EyeMed will send out new ID cards and welcome packets to **all subscribers/contract holders** (not just new subscribers).
- **Flexible Spending Account (FSA):** ID cards are **not** issued. However, ASIFlex will send a confirmation enrollment statement to State employees.
- **Accident & Critical Illness Insurance and/or State Group Universal Life (GUL) Insurance:** ID cards are **not** issued. However, Securian Financial will send a Certificate of Insurance and a profile page to State employees who newly enroll after the application has been processed. For existing insureds requesting a coverage change, Securian Financial will send an updated profile page after the application has been processed. Applications are typically processed within 3 to 5 business days.



State Employee Benefits Committee (SEBC) Corner

At the May 11, 2026 SEBC meeting, the Committee approved the Group Dental Insurance Request for Proposal (RFP). The Committee also reviewed and discussed the proposed SEBC subcommittee structure and the draft Senate Joint Resolution 7 report. Bailit Health provided an overview of reference-based pricing and Merative provided an overview of the reimbursement benchmarks report specific to the Group Health Insurance Plan (GHIP). Finally, the Committee received an update on Senate Bill 1 from the Department of Insurance.

To get the facts on what's being discussed related to the GHIP and actions taken by the SEBC, view SBO's [Get the Facts on What's Happening](#) document of frequently asked questions. SEBC meetings are open to the public and provide an opportunity for public comment. Visit the [SEBC page](#) for meeting information and more. Members who would like to make public comment are encouraged to review the [SEBC Public Comment Protocol](#).

Leapfrog Hospital Safety Grade

The [Leapfrog Hospital Safety Grade](#) uses "A," "B," "C," "D," or "F" letter grades as an easy way for consumers to choose the safest hospitals to seek care. These Safety Grades are based on a peer-reviewed methodology, calculated by top patient safety experts, and are 100% transparent and free to the public.

The Safety Grade uses up to 32 measures, including rates of injuries, infections, and medical errors, and whether hospitals have effective systems in place to prevent them. The majority of data used to calculate the Safety Grade comes from the Centers for Medicare & Medicaid Services (CMS). Safety Grades are updated in the fall and spring.

Learn more about quality and patient safety by visiting SBO's [Choosing the Right Care](#) page. Here you can access tools to compare doctors and hospitals, as well as resources on medical errors, medication safety, hospital stays, and more.

Choosing Wisely

The State of Delaware encourages State of Delaware Group Health Insurance Plan non-Medicare members and their dependents to get the best value out of their benefits by choosing the right care! This includes understanding your care options, where to go for services, how much services cost, and making informed decisions to ensure you and your family receive the highest quality, safe, and affordable care you deserve. Below are some helpful resources:

- [Highmark Delaware](#) or [Aetna](#) – Know where to go and the cost before seeking care by searching for a provider or facility using the “Find A Provider” search tools.
- [Lantern \(Surgeons of Excellence\)](#) – Benefit for non-emergent, planned surgeries, including bariatric surgeries.
- [Compare Doctors & Hospitals](#) – Research the quality and patient safety ratings of a provider or facility before your visit.
- [Where Should You Go for Care?](#) – Know whether to see your primary care provider, schedule a telemedicine appointment, or go to the emergency room or urgent care center based on your symptoms.

Learn more on SBO’s [Choosing the Right Care](#) page.

Upcoming Webinars

Aetna offers monthly [webinars](#) that employees, pensioners, and their family members can attend, regardless of enrollment in a State health plan. There is no need to register; simply click the link below to attend:

- Health Living – What is Proactive Health? – [6/10 @ 12pm](#)
- Health Living – Relaxation 101 – [6/25 @ 5pm](#)

Health Advocate offers [webinars](#) that individuals enrolled in a State of Delaware non-Medicare health plan and their family members can attend. Click on the link below to register:

- Valuing Different Generations – [6/3 @ 10am](#)
- Communicating with Your Team – [6/16 @ 2pm](#)

The webinars above will be recorded and posted to the website if you are unable to attend.

Men’s Health Month

June is Men’s Health Month, a reminder for men to prioritize their health and stay up to date with annual checkups and preventive screenings. Routine visits with a healthcare provider can help detect health concerns early, often before symptoms appear, leading to better outcomes and improved overall wellness.

Regular screenings for blood pressure, cholesterol, diabetes, and certain cancers are important parts of preventive care. Men should also focus on maintaining healthy habits through regular exercise, balanced nutrition, quality sleep, and stress management.

Taking a proactive approach to health today can help prevent more serious issues in the future. This Men’s Health Month, encourage the men in your life to schedule their annual exams and make their health a priority. Find more information on Men’s Health and Preventive Screenings by visiting the [SBO website](#) and select your Group, click on your health plan vendor (Highmark Delaware or Aetna), and select “Preventive Care” or “Men’s Health” under Benefit Resources and Information.

Financial Wellness Webinars from the Office of the State Treasurer

Take a step towards building a more secure future by joining an upcoming one-hour financial wellness webinar brought to you by the Office of the State Treasurer (OST) Delaware Retirement Savings Plan (DEFER) and hosted by Voya Financial. Use the links below to select a session and register:

- Envision and plan for your best retirement -
 - [6/9 @ 10am and 2pm](#)
 - [6/23 @ 12pm and 3pm](#)
- Retirement goals over 40 -
 - [6/23 @ 10am and 2pm](#)

The webinar recording will be posted to the [Voya website](#) for those unable to attend. *Have questions?* Contact OST at daniel.kimmel@delaware.gov.

Hidden Treasures: Go to the Choosing the Right Care page on SBO’s website. Once there, determine the Leapfrog Hospital Safety Grade for your nearest hospital. Send your answer to sbo.communications@delaware.gov (Subject: Hidden Treasures). A random drawing from all correct responses received by the end of the month will be conducted for a prize. Congratulations to last month’s winner, Jennifer L., from the Dept of Correction!