

Flexible Spending Account (FSA) Deadlines

The FY2024 FSA Plan year (July 1, 2023 - June 30, 2024) has ended. If you still have unspent funds, now is the time to use them. The deadline to incur expenses for the FY2024 FSA Plan Year is **September 15, 2024**. The claim submission deadline is **October 15, 2024**.

If you're looking for eligible expenses to spend your remaining funds, ASIFlex has several resources that you may find helpful:

- Consider reviewing ASIFlex's [Eligible Expense List](#). The list outlines both Health Care and Dependent Care expenses and lets you know whether an item or service may be covered.
- ASIFlex also provides access to the [FSA Store](#) where you can choose from thousands of over-the-counter eligible healthcare products. ASIFlex and the FSA Store have teamed up to offer a cardless pay option. Check out the latest [FSA Store Coupon Code](#) on the SBO website for even more opportunities to save!

For questions on FSA-eligible items and the FSA store, please contact ASIFlex at 1-800-659-3035.

Children's Eye Health and Safety Month

August is Children's Eye Health and Safety Month. EyeMed's [Eye Site on Wellness](#) website provides State of Delaware members with access to helpful, healthy vision resources for kids and adults.

The website currently provides:

- Vision related tips for safe driving
- Vision information categorized by age
- Information on early detection of myopia
- Nutritional information
- Tips for preparing kids for going back to school
- Videos on vision health
- Interactive tools and much more

Get the most out of your State vision benefits and check out the resources available!

Back to School

School will be back in session soon. Thinking about the upcoming school year can be both exciting and nerve-racking for students, parents, and education employees. The Statewide Benefits Office is here to support you and your family as you navigate the transition.

Back-to-school shopping on a budget? Be sure to check out member discounts available through the Highmark Delaware [Blue 365 Discount Program](#) or [Aetna member website](#). Additional discounts and resources are available to State of Delaware employees through the [Department of Human Resources Financial Wellness](#) page.

Back-to-school jitters? The Employee Assistance Program through [ComPsych® GuidanceResources®](#) offers a back-to-school digital toolkit for families, as well as work/life balance solutions for employees. Set yourself up for success this school year!



National Immunization Awareness Month

August is National Immunization Awareness Month. It is important for people of all ages to be vaccinated against serious, sometimes deadly, diseases. You can learn more about National Immunization Awareness Month on the [Centers for Disease Control and Prevention \(CDC\)](#) website. Members of a State of Delaware non-Medicare health plan can also check out immunizations and other preventive services covered at 100% on the [Preventive Care](#) page.

Share Your Experience

Our priority at SBO is simple: to not only deliver high-quality benefits, but also to educate our members. Knowing that experience can be the best teacher, we want to ask our members to share their stories. Have you or a family member contacted ComPsych® for support? Have you used any of the discounts offered through Highmark Delaware or Aetna? Have you scheduled surgery through SurgeryPlus? We would love to help you share your story! We will gladly accept written testimonials or interview you. Together we can face change and make it easier for our co-workers, friends, and neighbors to navigate better health and well-being. [Email SBO](#) to share your story.



Upcoming Webinars

Aetna offers monthly [webinars](#) that employees, pensioners, and their family members can attend, regardless of enrollment in a State health plan. There is no need to register; simply click the link below to attend.

- Communicating in a Tech World – [8/8 @ 12pm](#)
- Workday Workouts – [8/20 @ 5pm](#)

ComPsych® GuidanceResources® offers [webinars](#) that employees, pensioners, and their family members can attend, regardless of enrollment in a State health plan. Click on the link below to register:

- Supervisor EAP Orientation – [9/18 @ 10am](#)
- Employee EAP Orientation – [9/19 @ 10am](#)

Delta Dental offers [webinars](#) addressing good oral health that employees, pensioners, and their family members can attend, regardless of enrollment in a Delta Dental plan.

- Oral Health and Wellness – [9/12 @ 12pm](#)

The webinars above will be recorded and posted to the website if you are unable to attend.

State Employee Benefits Committee (SEBC) Corner

At the July meetings, the SEBC and SEBC Subcommittees continued discussions on the Group Health Insurance Plan (GHIP) and Fiscal Year 2024 claims experience, as well as potential changes to the trend assumptions used to project GHIP expenditures. The SEBC voted to approve the recommended change to lower the plan year out-of-pocket maximum for the GHIP Medicare retiree Part D drug plan to \$2,000. The SEBC also voted to approve a one-year contract extension with Securian Financial for the Group Universal Life Insurance benefit. This extension will be for July 1, 2025 – June 30, 2026 and allow the SEBC and SEBC Subcommittees time to discuss the scope of work for an upcoming life insurance request for proposals (RFP).

The SEBC Subcommittees recommended to not move forward with the recently proposed CVS Virtual Health Care program and to continue offering Aetna plan members the current Teladoc Health platform for telemedicine services.

To get the facts on what's being discussed related to the GHIP and actions taken by the SEBC, view SBO's [Get the Facts on What's Happening](#) document of frequently asked questions. SEBC and Subcommittee meetings are open to the public and provide an opportunity for public comment. Visit the [SEBC page](#) for meeting information and more.

Save Lives: Be An Organ Donor

August is [National Minority Donor Awareness Month](#), which raises awareness and celebrates organ donation and transplantation in diverse communities, which make up 60% of the more than 100,000 people on the national transplant waitlist. Give others a second chance at life by [signing up to be an organ donor](#). It takes less than a minute to say "Yes" to saving lives. The Gift of Life Donor Program is the nation's leading organ procurement organization coordinating more organ and tissue donors than anywhere else in the United States. [Learn more](#) about the Gift of Life Donor Program.

Hidden Treasures: Locate the State Employee Benefits Committee (SEBC) page of the SBO website, then find the date of the next SEBC meeting. Send your answer to sbo.communications@delaware.gov (Subject: Hidden Treasures). A random drawing from all correct responses received by the end of the month will be conducted for a prize. Congratulations to last month's winner, Evelyn O. from Department of Human Resources!