



The Benefits Bulletin

Statewide Benefits
Office

April 6, 2021

Prepare for Open Enrollment

Open Enrollment is right around the corner (**May 3 - 19, 2021**). In April, you have the opportunity to learn about all the benefits available to you and your family. This is the best time for you to begin preparing for your future health needs. Then, during Open Enrollment in May, you will have the knowledge to make the best choices as an informed consumer. Here are the things you can do to prepare:

1. Log in now to [State of Delaware Employee Self-Service](#) to make sure your password has not expired and confirm your contact information.
2. Week of April 5 - You will receive an assignment email with instructions for accessing the *Navigating Open Enrollment* online course. Complete the course by April 30.
3. Week of April 12 - Use myBenefitsMentor[®] to compare the health plan options based on your past health and prescription usage. Be on the lookout for a letter and email with a personalized enrollment recommendation.

NEW State Vision Plan Options

The State will offer two vision plan options administered by EyeMed for this year's Open Enrollment. You can select between a High Plan and a Low Plan. The Low Plan is equivalent to the current plan the State of Delaware offers. The High Plan has higher premiums (the amount taken out of your paycheck), but the out-of-pocket cost for certain services is lower. The Low Plan has lower premiums, but the out-of-pocket cost for certain services is higher. Both plan options provide the same network of participating providers and members have the flexibility to use in-network or out-of-network providers. Employees and their dependents currently enrolled in the State Vision Plan, who continue to be eligible for State benefits and do not waive vision coverage or change to the High Vision Plan during this year's Open Enrollment period, will be automatically defaulted in the State's Low Vision Plan effective July 1, 2021. To learn more, visit the [SBO website](#), select your group, and choose EyeMed.

Hidden Treasures Find the hidden code on the Open Enrollment Landing page on our website and email the code to sbo.communications@delaware.gov (Subject: Hidden Treasures). A random drawing from all correct responses received by the end of the month will be conducted for a prize. Congratulations to last month's winner, Mary S. from the Delaware State Police!

NEW Pharmacy Manager

CVS Caremark will replace Express Scripts as the new pharmacy benefit manager effective July 1, 2021. Enrollment with CVS Caremark is automatic with your enrollment in a State of Delaware health plan. Retail pharmacy options will not be restricted to CVS pharmacies. Walgreens, Rite Aid, CVS, Walmart, Target, and others will still be available. Formulary, or covered drug, changes are expected to be minimal. CVS Caremark will reach out to members directly in advance of the transition to provide notification of any pharmacy or prescription changes and suggested alternatives. CVS Caremark will work closely with Express Scripts to transition home delivery of automatic refills. You can expect to receive your new prescription card in late June, and you should show the new card at your first pharmacy visit on or after July 1, 2021.

Employee Spotlight

"I used Amwell last evening and it was a very positive experience. I called my PCP because I had a sinus infection. They said they could not get me in until Thursday. They told me to go to a walk-in and I thought, "no way." Instead, I contacted Amwell. Their customer service is top notch. I downloaded the app and within minutes I was speaking to a doctor who was knowledgeable, helpful and kind. She did not rush me. She treated my sinus infection and also gave me some helpful suggestions for a long-term medical issue that I have."

[Read the full testimonial](#)

~ Susan L., Dept. of Human Resources