### **State of Delaware Pensioners** | August 2022

### Welcome to your new Medicare Advantage plan from Highmark









### Agenda



### Today we're going to discuss:

- How Freedom Blue PPO Works
- Plan Benefit Highlights
- Concierge Member Service Team
- Enrollment Process

# How Freedom Blue PPO works.



### State of Delaware Medicare Coverage today (2022)

#### **Medicare Part A**

- Inpatient hospital care
- Skilled nursing care
- Home health and
- hospice

#### **Medicare Part B**

- Doctor visits and preventive care
- Testing and lab
- Ambulance and outpatient services
- Durable medical equipment



**Highmark Special Medicfill** 



2022 State of DE Medicare Medical Coverage



SilverScript Part D (optional 2022 ONLY)

#### Freedom Blue PPO

### New 2023 State of Delaware Medicare Coverage

#### **Medicare Part A**

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- Skilled nursing care
- Home health
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### **Medicare Part B**

- Doctor visits and preventive care
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**Highmark Special Medicfill** 



### Freedom Blue Medicare Advantage PPO

Combines all the All the benefits Medicare Original Medicare + coverage of the Highmark Special Medicfill plan



SilverScript Part D (required in 2023)

#### Freedom Blue PPO

### How does your Freedom Blue Medicare Advantage PPO plan work

The Freedom Blue
Medicare Advantage plan
assumes responsibility to
provide ALL benefits of
Original Medicare Parts A
(Hospital) and Part B
(Outpatient) benefits

The plan combines all original Medicare benefits plus the additional coverage provided by the **Specifical Medicfill** plan into one plan



National service area member can reside anywhere in the US

For all covered medical benefits within the United States, members have 100% coverage when seeking care from contracted "In Network" as well as non-contracted "Out of Network" providers anywhere within the US

Members must continue enrollment in both

Medicare Part A & Part B and continue to pay monthly Medicare Part B premiums

Starting in January 1st, you will no longer use your Original Medicare (red, white, and blue) card when seeking any medical service – only your Highmark Freedom Blue Medicare Advantage PPO ID card

#### Freedom Blue PPO

### What you need to know about your health plan



#### **Starting on January**

1st, all medical claims submitted to Highmark (coverage for the Medicare Advantage Plan only) and NOT to Medicare

 Members will receive one Explanation Of Benefits (EOB) from Highmark for all Medical claims **No referrals** to see a specialist or other providers

Members do not need to select a PCP (although it is highly encouraged) Prior Authorizations may apply to certain services such as Inpatient Hospital Services, Skilled Nursing Facility Stays, and Advanced Images (e.g., CT/PET Scan).

- Contracted "In Network" providers are responsible to submit to Highmark for approval.
- When seeking care from non-network providers members, ask for a pre-visit coverage decision to confirm that the services you are getting are covered and are medically necessary.

# Let's look at your Highmark Medicare benefits.





Plan Wide Cost Sharing	Freedom Blue PPO Member Pays (In Network and Out of Network)
Deductible	<b>\$0</b>
Member Out of Pocket  Maximum  Applies to Part A, Part B, and outpatient professional services outside of the United States.  Excludes Private Duty  Nursing cost sharing.	\$1,000 (Combined INN & OON)

Medical Benefits	Freedom Blue PPO Member Pays (In Network and Out of Network)
PCP Office Visit	<b>\$0</b>
Specialist Office Visit	<b>\$0</b>
Therapies (Speech, Physical, Occupational)	\$0
Inpatient Hospital	\$0
Skilled Nursing Facility (up to 100 days per benefit period)	<b>\$0</b>

Medical Benefits	Freedom Blue PPO Member Pays (In Network and Out of Network)
Outpatient Surgery	<b>\$0</b>
Emergency Room	<b>\$0</b>
Urgent Care	<b>\$0</b>
Ambulance	<b>\$0</b>
Diagnostic Services (Lab and Images)	<b>\$0</b>
Durable Medical Equipment	<b>\$0</b>
Part B Rx	<b>\$0</b>

Medical Benefits	Freedom Blue PPO Member Pays
Inpatient or Outpatient facility coverage outside of the United States*	\$0 if urgent or emergent care and non urgent or emergent care
Outpatient professional services outside of the United States*	\$0 if urgent or emergent care. 80% for routine (non urgent or emergent care)
Private Duty Nursing  When inpatient in acute  care hospital	20% of the allowable charges and 100% of charges after the 240-hour maximum is met.  Member cost sharing is excluded from the Out of Pocket Maximum.

<sup>\*</sup>Services defined as coverable under Medicare policy guidelines within the United States

### Even more benefits from Highmark:



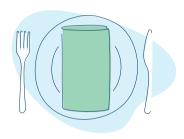
### Clinical Care Team

Experts to help you manage your health.



### Wellness Program

A wellness and rewards program tailored to your health and wellbeing.



### Post-discharge Meals

Make your return from the hospital easier by having premade, frozen meals delivered directly to your doorstep—at no cost to you.\*

<sup>\*</sup>Post-discharge meal program covers two meals per day or 14 days.



### The SilverSneakers Program



#### **Exclusive Member Portal**

The member portal provides fresh, relevant content around fitness, brain health, nutrition and more!



#### SilverSneakers On-Demand™

Follow-along videos and programs with various formats to support cardiovascular strength, endurance, flexibility and mental health



#### **Live Interactive Classes**

SilverSneakers LIVE™ classes and workshops are offered daily, and are focused of exercise and overall wellbeing



#### SilverSneakers GO™

This mobile app is the SilverSneakers on the go companion, providing exercise guidance that can be adjusted based on ability



#### **Access to Nationwide Fitness Locations**

A free fitness benefit with access to thousands of fitness locations nationwide<sup>1</sup>



#### **National Reciprocity**

The ability to enroll at multiple locations at the same time – no limit to the number of locations where you participate



#### Signature SilverSneakers Classes

Proprietary programming for older adults to accommodate a wide range of physical activity interests and ability levels – even group activities and classes<sup>2</sup> offered outside the traditional fitness center setting



#### **Social Connections**

Social connectivity solutions where you can form genuine connections with other members

<sup>1.</sup> Participating locations ("PL") are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities is limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.

### Access to Medicare Providers Nationally

Members can reside anywhere in the United States or US territories

Freedom Blue PPO offers a large national network of contracted "In Network" Medicare Advantage PPO providers

Members can see out-of-network providers who accept Original Medicare and the plan

To find or confirm contracted In Network Providers, members can call your State of Delaware Medicare Advantage Concierge service team



Members can always use our online provider finder directory, too.

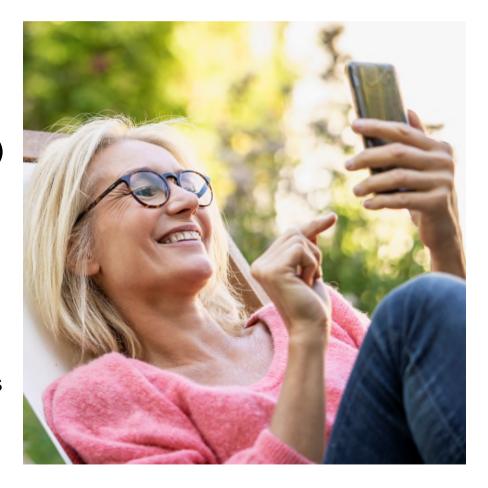
To find a local doctor (in Delaware)

- Visit highmarkbcbsde.com/find-a-doctor.
- Click on "Medical."
- Click "Network" and find "Freedom Blue PPO."
- Type in the city, state, and ZIP code to find a provider.
- Enter the provider or facility you're looking for and click "Search."

### Freedom Blue PPO Concierge Service Team

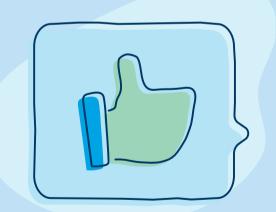
If you have questions about Medicare or how your new Freedom Blue PPO Medicare Advantage plan works, call 1-888-328-2960, 8 a.m. - 8 p.m., seven days a week (TTY call 711)

- Addressing coverage/claims questions
- Assistance finding providers
- Confirm status of Prior Authorization
- Requests pre-visit coverage decision
- Assistance with scheduling appointments
- Medical record transfer support



## Let's talk about how you will get enrolled.

Open Enrollment takes place October 3 to October 24.





### Getting enrolled

### What to expect and when

details about your

new plan and steps

to take to enroll.

You are here! August 2<sup>nd</sup> -October 3rd -August 11th Mid-November – October 24th Late January 2023 **September** In-person Open educational You'll receive You'll receive a **Enrollment** sessions enrollment mailings welcome call and period that contain all the kit, your new ID

cards, and more

information about

your new Medicare Advantage plan.

If you are enrolled in 2022 in "both" the Special Medicfill plan and the SilverScript® prescription drug coverage



### No need to do anything. You're all set

"Unless you elect to "Opt-Out" of State of Delaware Medicare coverage during Open Enrollment, you will be automatically enrolled into the new Freedom Blue PPO Medicare Advantage plan for coverage January 1, 2023. Your SilverScript® prescription drug coverage will continue for 2023.

If you are enrolled "only" in the 2022 Special Medicfill plan, but do not have SilverScript® prescription drug coverage



## To remain covered under 2023 State of Delaware Medicare coverage, you must take action to enroll in Freedom Blue PPO and SilverScript® prescription drug coverage

Your enrollment mailings arriving in September will have information about how to enroll in Freedom Blue PPO and SilverScript® prescription drug coverage.

### If you have waived all 2022 State of Delaware Medicare coverage



### You can enroll in coverage that starts in 2023.

Your enrollment mailings arriving in September will have information about how to enroll in Freedom Blue PPO and SilverScript® prescription drug coverage.

### Thank you!

If you have questions about Medicare or how your new Freedom Blue PPO Medicare Advantage plan works, call 1-888-328-2960, 8 a.m. - 8 p.m., seven days a week (TTY call 711). Or visit DelawarePensions.com.

# With Highmark, you're getting so much more than just Medicare.



2022 Benefits Review Meeting