

DIABETES

Helping You Take Control



Diabetes prevention and management is an important area of focus for the State of Delaware. As a State Medicare-eligible pensioner, you have access to several resources to treat type 1 and type 2 diabetes or reduce your risk of developing type 2 diabetes. Learn about the services available through your benefits, and take advantage of all the resources designed to help keep you healthy.



For more information, scan the QR code or visit de.gov/statewidebenefits (select **State Pensioners - Medicare**, then click the **Diabetes** tile).

**Transform Diabetes
Care Monitoring
Program**

**Zero Cost Diabetic
Supplies**

**Copay Savings
on Diabetic
Medications**

**Maintenance
Medication
Program**

**EyeMed Diabetic
Care Services**

**Medicare Diabetes
Prevention Program**

Available to members
under Medicare Part B
Coverage

[www.medicare.gov/
coverage/medicare-diabetes-
prevention-program](https://www.medicare.gov/coverage/medicare-diabetes-prevention-program)

TRANSFORM DIABETES CARE® (TDC)

Eligible State of Delaware Medicare Plan members with Prescription Coverage through SilverScript, will have access to the enhanced Transform Diabetes Care® (TDC) program from CVS Caremark®.

Transform Diabetes Care provides a holistic way to manage your diabetes and overall health. In addition to glucose monitoring, TDC uses health information you share to provide personalized health coaching based on your specific needs. You'll have access to trusted advice on nutrition and lifestyle habits as well as reminders about screenings and more.

The best part? It's all available to you at no extra cost!

Members who have additional questions can contact the TDC Hotline at **1-800-348-5238**.

ZERO COST DIABETIC SUPPLIES

Diabetic supplies such as lancets, syringes/needles, and test strips provided, either at a participating retail pharmacy, a 90-day participating retail pharmacy, or CVS Caremark® Mail Service Pharmacy may be obtained under the prescription plan at **no cost** to the member.

Please Note: Diabetic supplies designated as Durable Medical Equipment (DME) are not covered under the prescription plan. These include Continuous Blood Glucose Monitoring Systems (e.g. Free Style Libre and Dexcom), Insulin Pumps and Supplies. Members should contact Highmark Delaware to discuss coverage options for these supplies.

COPAY SAVINGS ON DIABETIC MEDICATIONS

Multiple diabetic medications may be obtained for just **one copay** when filled at the same time at a 90-day participating pharmacy or the CVS Caremark® Mail Service Pharmacy, when eligible. To ensure the greatest savings, make sure to ask the pharmacy to process all diabetic medications on the same day and submit the lowest cost generic medication first.

Please Note: It is the member's responsibility to work with their healthcare provider and pharmacist to coordinate the prescriptions to be processed on the same day.

MAINTENANCE MEDICATION PROGRAM

The Maintenance Medication Program provides prescription cost savings by allowing members to fill 90-day prescriptions at reduced copays, when eligible. Under the program, one 90-day prescription costs the same as two 31-day fills.

	Up to a 31-Day Supply	Up to a 90-Day Supply
Generic Drugs	\$10 Copay	\$20 Copay
Preferred Brand (Formulary)	\$32 Copay	\$64 Copay
Non-Preferred Brand (Non-Formulary)	\$60 Copay	\$120 Copay

Please Note: Not all drugs are available at a 90-day supply.

EYEMED DIABETIC CARE SERVICES

EyeMed members who have type 1 or type 2 diabetes are eligible to receive additional services including a vision evaluation once every six months to monitor for signs of diabetic complications.