



Medical Aid Unit (MAU) schedules and locations are subject to change without notice. For a current listing of MAUs in your area, please visit highmarkbcbsde.com or call Customer Service at 1-844-459-6452.

Did You Know?

MAUs provide urgent care and may be a less expensive alternative to a hospital Emergency Department (ED). MAUs treat common ailments and injuries, including:

- Minor lacerations requiring stitches
- Joint sprains
- Cuts and minor burns
- Most broken bones
- Headaches
- Pediatric medical problems (e.g., eye and ear infections)
- Muscle, joint, and back pain
- Mild asthma attacks
- Fevers and flu
- Allergies
- Routine infections (e.g., ear, throat, sinus, and bladder infections)
- Coughs and colds
- Sexually transmitted infections
- Emergency contraceptive care
- Skin irritation or skin infection

Common Questions

What are Medical Aid Units?

MAUs are urgent care facilities that treat injuries or illnesses that are not life-threatening but require care within a few hours or the same day. With an MAU, you don't need an appointment and you may avoid the longer waits you might find at a busy ED.

How do Medical Aid Units work?

MAUs are staffed by medical professionals, which may include physicians, nurse practitioners, and physicians' assistants. Many offer on-site diagnostic equipment, including X-ray and laboratory services, and are generally open at times when your doctor's office may be closed.

When should I go to an ED?

MAU services are covered by your health benefits plan. The cost to you (your copay) is lower if you seek care from an MAU or urgent care center instead of an ED. Additionally, to see the most up-to-date list of MAUs and their locations, visit highmarkbcbsde.com, click on **Find a Doctor or Rx**, and choose **Find a Doctor, Hospital, or other Medical Provider**, and then choose **Urgent Care Centers & Retail Clinic** from the Doctors & Medical Professionals drop-down menu.

While MAUs are appropriate for common conditions and injuries, life-threatening symptoms such as chest pains, symptoms of stroke, severe headaches, excessive bleeding, or vomiting are best handled by an ED.

Please be sure to use your best judgment in any medical situation. If you believe that you have a life-threatening emergency and do not have time to speak with your doctor, then proceed to the nearest ED for care.



While not a trauma center, a freestanding ED is open 24/7 and is generally able to treat most emergencies. It is important to note that a freestanding ED falls under your health plan's Emergency Facility definition, which means the cost may be higher to you if you choose to be treated there instead of at an MAU. If you have any questions, please contact the Customer Service number on your Highmark Blue Cross Blue Shield Delaware ID card.

For assistance or health support, call a Blues On CallSM health coach at 1-888-BLUE-428 (1-888-258-3428). All coaches are trained to help you make informed health decisions. Coaching is confidential and no cost to you. Make the call today!

Blues On Call is a service mark of the Blue Cross and Blue Shield Association.

Highmark Blue Cross Blue Shield Delaware is an independent licensee of the Blue Cross Blue Shield Association.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。

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Medical Aid Units (MAUs)

Urgent Care Facilities for Delaware Residents



Medical Aid Unit Locations

New Castle County

ChristianaCare — GoHealth Urgent Care Middletown

Middletown CareCenter 124

Sleepy Hollow Drive

Middletown, DE 19709

Monday – Sunday: 8 a.m. – 8 p.m.

Holidays: 9 a.m. – 5 p.m.

302-273-1614

ChristianaCare — GoHealth Urgent Care Healthcare Center Christiana

200 Hygeia Drive

Newark, DE 19713

Monday – Sunday: 8 a.m. – 8 p.m.

Holidays: 9 a.m. – 5 p.m.

302-273-1701

ChristianaCare — GoHealth Urgent Care Glasgow

GlasgowMedicalCenter

2600 Glasgow Avenue suite 100

Newark, DE 19702

Monday – Sunday: 8 a.m. – 8 p.m.

Holidays: 9 a.m. – 5 p.m.

302-273-1317

ChristianaCare — GoHealth Urgent Care STAR Campus

550 South College Avenue, Suite 115

Newark, DE 19713

Monday – Friday: 8 a.m. – 8 p.m.

Weekends: 8 a.m. – 4 p.m.

Holidays: 9 a.m. – 5 p.m.

302-273-0727

ChristianaCare—GoHealth Urgent Care Pike Creek

4724 Limestone Road

Wilmington, DE 19808

Monday – Friday: 8 a.m. – 8 p.m.

Weekends: 9 a.m. – 5 p.m.

Holidays: 9 a.m. – 5 p.m.

302-467-3595

ChristianaCare—GoHealth Urgent Care Fairfax

2305 Concord Pike

Wilmington, DE 19803

Monday – Friday: 8 a.m. – 8 p.m.

Weekends: 9 a.m. – 5 p.m.

Holidays: 9 a.m. – 5 p.m.

302-467-3588

ExpressCare — Bear

1011 East Songsmith Drive Bear, DE

19701

Monday – Sunday: 10 a.m. – 8 p.m.

302-918-7509

ExpressCare — Middletown 749

Middletown Warwick Road Middletown,

DE 19709

Monday – Sunday: 10 a.m. – 8 p.m.

302-273-1614

Go-Care Silverside

2700 Silverside Road

Wilmington, DE 19810

Monday – Saturday: 8 a.m. – 8 p.m.

Sunday: 9 a.m. – 5 p.m.

Holidays: Call for hours

302-999-0003

Go-Care at Abby Medical

1 Centurian Drive, Suite 106

Newark, DE 19713

Monday – Saturday: 9 a.m. – 9 p.m.

Sunday: 10 a.m. – 6 p.m.

302-999-0003

MedExpress, Inc — Delaware

2722 Concord Pike

Wilmington, DE 19803

302-477-1406

3926 Kirkwood Highway

Wilmington, DE 19808

302-998-2417

1C Chestnut Hill Plaza Newark,

DE 19713

302-266-0930

129 N Dupont Highway New

Castle, DE19720 **302-328-**

5150

Monday – Sunday: 8 a.m. – 8 p.m.

Christmas Eve: 8 a.m. – 4 p.m.

Thanksgiving & Christmas Day: Closed

Newark 24/7 Urgent Care Center

324 East Main Street Newark,

DE 19711

Monday – Sunday: 24/7, 365 days a year

302-738-4300

Kent County

ChristianaCare — GoHealth Urgent Care Smyrna

100 S Main Street Smyrna, DE

19977

Monday – Friday: 8 a.m. – 8 p.m.

Weekends: 8 a.m. – 4 p.m.

Holidays: 9 a.m. – 5 p.m.

302-659-4444

ExpressCare — Eden Hill — Dover

200 Banning Street, Suite 170

Dover, DE 19904

Monday – Sunday: 10 a.m. – 8 p.m.

302-674-1999

ExpressCare — Smyrna

300 Jimmy Drive

Smyrna, DE 19977

Monday – Sunday: 10 a.m. – 8 p.m.

302-273-1163

Mac Walk in Medical Care

1275 South Street

Dover, De 19901

Monday-Friday 7a.m.-5p.m.

302-678-1303

MedExpress, Inc — Delaware 15 South

DuPont Highway Dover, DE 19901

Monday – Sunday: 8 a.m. – 8 p.m.

Christmas Eve: 8 a.m. – 4 p.m.

Thanksgiving & Christmas Day: Closed

302-674-1514

Delaware Walk In Medical, LLC 379 Walmart

Drive, Suite A Camden, DE 19934

Monday – Saturday: 7:30 a.m. – 7:30 p.m.

Sunday: 9 a.m. – 5 p.m.

302-698-4441

Sussex County

Ambient Medical Care — Seaford

24459 Sussex Highway, Suite 2

Seaford, DE 19973

Monday – Friday: 7 a.m. – 8 p.m.

Saturday – Sunday: 9 a.m. – 5 p.m.

302-629-3099

Ambient Medical Care — Milford

Telemedicine Only (Virtual on Site) 637 N.

DuPontBoulevard

Milford, DE 19963

Monday – Friday: 8 a.m. – 7 p.m.

Saturday – Sunday: 9 a.m. – 5 p.m.

Ambient Medical Care — Harrington

Telemedicine Only (Virtual on Site) 1000Midway

Drive,#11B

Harrington, DE 19952

Monday – Friday: 8 a.m. – 7 p.m.

Saturday – Sunday: 9 a.m. – 5 p.m.

302-856-9729

Beebe Walk-In Care Georgetown

Georgetown Walk-In 21635

Biden Avenue

Georgetown, DE 19947

Monday – Sunday: 9 a.m. – 7 p.m.

302-856-9729

Beebe Walk-In Care Millsboro

28538 DuPont Boulevard

Millsboro, DE 19966

Monday – Sunday: 9 a.m. – 7 p.m.

302-934-5052

MAC Walk in Medical Care

800 North DuPont Boulevard

Milford, DE 19963

Monday – Friday: 8 a.m. – 8 p.m.

Saturday – Sunday: 9 a.m. – 5 p.m.

302-430-5705

BeebeWalk-InCareMillville

32550 Docs Place, Unit 1

Millville, DE 19967

Monday – Sunday: 9 a.m. – 7 p.m.

302-541-4175

BayHealth Occupational & Walk-In Clinic

301 Jefferson Avenue

Milford, DE 19963

Occupational Health

Monday – Friday: 7:30 a.m. – 5 p.m.

Saturday – Sunday: 9 a.m. – 5 p.m.

Walk-In

Monday – Friday: 12 p.m. – 8 p.m.

Saturday – Sunday: 9 a.m. – 5 p.m.

302-430-5705

Delaware Walk In Medical, LLC

25935 Plaza Drive

Millsboro, DE 19966

Monday – Friday: 9 a.m. – 5 p.m.

302-947-4111

Delaware Walk In Medical, LLC

1309 Savannah Road

Lewes, DE 19958

Monday – Friday: 8 a.m. – 6 p.m. Saturday –

Sunday: 9 a.m. – 5 p.m. **302-644-1441**

TidalHealth Immediate Care

100 Rawlins Drive

Seaford, DE 19973

302-536-5415

30549SussexHighway

Laurel, DE 19956

302-715-5216

503 West Market Street Georgetown, DE

19947

302-856-4120

Monday – Friday: 8 a.m. – 8 p.m. Saturday –

Sunday: 9 a.m. – 5 p.m.