



Medical Aid Unit (MAU) schedules and locations are subject to change without notice. For a current listing of MAUs in your area, please visit myhighmark.com or call Customer Service at 1-844-459-6452.

Did You Know?

MAUs provide urgent care and may be a less expensive alternative to a hospital Emergency Department (ED). MAUs treat common ailments and injuries, including:

- Minor lacerations requiring stitches
- Joint sprains
- Cuts and minor burns
- Most broken bones
- Headaches
- Pediatric medical problems (e.g., eye and ear infections)
- Muscle, joint, and back pain
- Mild asthma attacks
- Fevers and flu
- Allergies
- Routine infections (e.g., ear, throat, sinus, and bladder infections)
- Coughs and colds
- Sexually transmitted infections
- Emergency contraceptive care
- Skin irritation or skin infection

Common Questions

What are Medical Aid Units?

MAUs are urgent care facilities that treat injuries or illnesses that are not life-threatening but require care within a few hours or the same day. With an MAU, you do not need an appointment and you may avoid the longer waits you might find at a busy ED.

How do Medical Aid Units work?

MAUs are staffed by medical professionals, which may include physicians, nurse practitioners, and physicians' assistants. Many offer on-site diagnostic equipment, including X-ray and laboratory services, and are generally open at times when your doctor's office may be closed.

When should I go to an ED?

MAU services are covered by your health benefits plan. The cost to you (your copay) is lower if you seek care from an MAU or urgent care center instead of an ED. Additionally, to see the most up-to-date list of MAUs and their locations, visit highmarkbcbsde.com, click on **Find a Doctor or Rx**, and choose **Find a Doctor, Hospital, or other Medical Provider**, and then choose **Urgent Care Centers & Retail Clinic** from the Doctors & Medical Professionals drop-down menu.

While MAUs are appropriate for common conditions and injuries, life-threatening symptoms such as chest pains, symptoms of stroke, severe headaches, excessive bleeding, or vomiting are best handled by an ED.

Please be sure to use your best judgment in any medical situation. If you believe that you have a life-threatening emergency and do not have time to speak with your doctor, then proceed to the nearest ED for care.



While not a trauma center, a freestanding ED is open 24/7 and is generally able to treat most emergencies. It is important to note that a freestanding ED falls under your health plan's Emergency Facility definition, which means the cost may be higher to you if you choose to be treated there instead of at an MAU. If you have any questions, please contact the Customer Service number on your Highmark Blue Cross Blue Shield Delaware ID card.

For assistance or health support, call a Blues On CallSM health coach at 1-888-BLUE-428 (1-888-258-3428). All coaches are trained to help you make informed health decisions. Coaching is confidential and no cost to you. Make the call today!

Blues On Call is a service mark of the Blue Cross and Blue Shield Association.

Highmark Blue Cross Blue Shield Delaware is an independent licensee of the Blue Cross Blue Shield Association.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。

Medical Aid Units (MAUs)

Urgent Care Facilities for Delaware Residents



Medical Aid Unit Locations

New Castle County

ChristianaCare — GoHealth Urgent Care Healthcare Center Christiana

200 Hygeia Drive
Newark, DE 19713
Monday – Sunday: 8 a.m. – 8 p.m.
Holidays: 9 a.m. – 5 p.m.
302-273-1701

ChristianaCare — GoHealth Urgent Care Glasgow

GlasgowMedicalCenter
2645 Pulaski Hwy, Space A
Newark, DE 19702
Monday – Sunday: 8 a.m. – 8 p.m.
Holidays: 9 a.m. – 5 p.m.
302-273-1317

ChristianaCare — GoHealth Urgent Care STAR Campus

550 South College Avenue, Suite 115
Newark, DE 19713
Monday – Sunday: 8 a.m. – 8 p.m.
Holidays: 9 a.m. – 5 p.m.
302-273-0727

ChristianaCare—GoHealth Urgent Care Pike Creek

4724 Limestone Road
Wilmington, DE 19808
Monday – Sunday: 8 a.m. – 8 p.m.
Holidays: 9 a.m. – 5 p.m.
302-467-3595

ChristianaCare—GoHealth Urgent Care Fairfax

2305 Concord Pike
Wilmington, DE 19803
Monday – Sunday: 8 a.m. – 8 p.m.
Holidays: 9 a.m. – 5 p.m.
302-467-3588

ChristianaCare GoHealth Urgent Care — Bear

1011 East Songsmith Drive
Bear, DE 19701
Monday – Sunday: 8 a.m. – 8 p.m.
302-546-5538

ChristianaCare GoHealth Urgent Care — Middletown

749 Middletown Warwick Road
Middletown, DE 19709
Monday – Sunday: 8 a.m. – 8 p.m.
Holidays 9 a.m.- 5p.m.
302-273-1614

ChristianaCare GoHealth Urgent Care — Greenville

360 Buckley Mill Road, Suite B
Greenville, DE 19807
Tuesday – Sunday: 8 a.m. – 8 p.m.
Monday: 12 p.m.- 8p.m.
302-504-0253

ChristianaCare – GoHealth Urgent Care Middletown

749 Middletown Warwick Rd
Middletown, DE 19709
Monday – Sunday 8 a.m. – 8:00 p.m.
302-273-1614

Go-Care Silverside

2700 Silverside Road
Wilmington, DE 19810
Monday – Saturday: 8 a.m. – 8 p.m.
Sunday: 9 a.m. – 5 p.m.
Holidays: Call for hours
302-225-6868

Go-Care at Abby Medical

1 Centurian Drive, Suite 106
Newark, DE 19713
Monday – Saturday: 9 a.m. – 9 p.m.
Sunday: 9 a.m. –5 p.m.
302-999-0003

MedExpress, Inc — Delaware

2722 Concord Pike
Wilmington, DE 19803
302-477-1406

3926 Kirkwood Highway
Wilmington, DE 19808

302-998-2417

1C Chestnut Hill Plaza Newark,
DE 19713

302-266-0930

129 N Dupont Highway New
Castle, DE 19720
302-328-5150

Monday – Sunday: 8 a.m. – 8 p.m.
Christmas Eve: 8 a.m. – 4 p.m.
Thanksgiving & Christmas Day: Closed

Newark 24/7 Urgent Care Center

324 East Main Street Newark,
DE 19711
Monday – Sunday: 24/7, 365 days a year
302-738-4300

Kent County

ChristianaCare Urgent Care — Eden Hill — Dover

200 Banning Street, Suite 170
Dover, DE 19904
Monday – Sunday: 8 a.m. – 8 p.m.
Holidays: 9a.m.-5p.m.
302-546-5533

ChristianaCare Urgent Care — Smyrna

300 Jimmy Drive
Smyrna, DE 19977
Monday – Sunday: 8 a.m. – 8 p.m.
Holidays 9a.m.-5p.m.
302-273-1163

MedExpress, Inc — Delaware

15 South DuPont Highway Dover, DE
19901
Monday – Sunday: 8 a.m. – 8 p.m.
Christmas Eve: 8 a.m. – 4 p.m.
Thanksgiving & Christmas Day: Closed
302-674-1514

Sussex County

Ambient Medical Care — Seaford

24459 Sussex Highway, Suite 2
Seaford, DE 19973
Monday- Thursday: 8 a.m. – 8 p.m.
Friday- 8 a.m. – 7 p.m.
Saturday – Sunday 9 a.m. – 5 p.m.
302-629-3099

Ambient Medical Care — Milford

Telemedicine Only (Virtual on Site)
637N. DuPontBoulevard
Milford, DE 19963
Monday – Friday: 8 a.m. – 7 p.m.
Saturday – Sunday: 9 a.m. – 5 p.m.
877-629-2621

Atracare Walk in LLC

18068 Coastal Highway
Lewes, DE 19958
Monday – Sunday: 8 a.m. – 8 p.m.
302-567-1500

Bayhealth Walk in Medical Care

800 North DuPont Boulevard
Milford, DE 19963
Monday – Friday: 8 a.m. – 8 p.m.
Saturday – Sunday: 9 a.m. – 5 p.m.
302-430-5705

Bayhealth Walk in Medical Care

239 Old North Road
Camden, DE 19934
302-698-4280

Beebe Walk-In Care Georgetown

Georgetown Walk-In
21635 Biden Avenue
Georgetown, DE 19947
Monday – Sunday: 9 a.m. – 7 p.m.
302-856-9729

Beebe Walk-In Care Millsboro

28538 DuPont Boulevard
Millsboro, DE 19966
Monday – Sunday: 9 a.m. – 7 p.m.
302-934-5052

Beebe Walk in Care Rehoboth Beach

18941 John J Williams Highway
Rehoboth Beach, DE 19971
Monday – Sunday: 9 a.m. – 7 p.m.
302-645-3815

Beebe Walk in Care Rehoboth Beach

19161 Healthy Way
Rehoboth Beach, DE 19971
Monday – Sunday: 9 a.m. – 7 p.m.
302-645-3010

BeebeWalk-InCareMillville

32550 Docs Place, Unit 1
Millville, DE 19967
Monday – Sunday: 9 a.m. – 7 p.m.
302-541-4175

