



Earn rewards for living healthier.

Welcome to your 2026-2027 DelaWELL Rewards Program, brought to you by State of Delaware and your health plan. Participating is easy. Earn points by completing healthy activities, then get rewarded for achieving a healthier you.

How to get started

My Highmark helps you find everything you need to manage your benefits and your health. If you haven't already, download the app from the app store or visit **MyHighmark.com**. Once you're logged into My Highmark, to view and participate in your wellness rewards program, you must complete the Annual Authorizations.

Eligibility

Current medically covered employees and covered spouses are eligible for the program.

Important deadlines

Make sure you complete all of your program requirements between **7/1/2026** and **6/30/2027**.

Have questions?

Contact your HR benefits rep for more details.

Turn the page for program activities.

How the program works

You need **1,000 points** to complete the program.

To earn the first **500 points**, complete the following

Required Activities:



Health Assessment

Simply complete or update your survey between 7/1/2026 - 6/30/2027 to receive credit.

Visit your Doctor



Schedule and complete a visit with your doctor between 7/1/2025 - 6/30/2027 to receive credit.

Complete **one additional activity** to earn the rest of your points. Each activity is worth 500 points. Before scheduling any medical screenings, speak with your health care provider to ensure it's appropriate for you.



Breast Cancer Screening



Cervical Cancer Screening



Colorectal Cancer Screening



Engage With Your Care Team



Engage in Digital Health Program

Download the app from your phone's app store or visit **MyHighmark.com**.



Because Life.™

Rewards are provided by your employer and not your health plan.

Rewards are subject to income taxes, may be subject to applicable wage withholdings, and may take the form of a spending account contribution.

Benefits and/or benefit administration may be provided by or through the following entities, which are independent licensees of the Blue Cross Blue Shield Association:

Western and Northeastern PA: Highmark Inc. d/b/a Highmark Blue Cross Blue Shield, Highmark Choice Company, Highmark Health Insurance Company, Highmark Coverage Advantage Inc., Highmark Benefits Group Inc., First Priority Health, First Priority Life Insurance Company, Highmark Senior Health Company or Highmark Wholecare. **Your plan may not cover all your health care expenses. Read your plan materials carefully to determine which health care services are covered. For more information, call the number on the back of your member ID card or, if not a member, call 866-459-4418.**

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ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。