



Relief from Menopause Discomfort

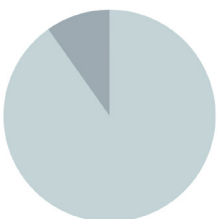


Over 6,000 women enter menopause every day in the United States. And with over 38 symptoms that may accompany menopause, women often suffer needlessly, with the impact affecting their quality of life and emotional wellbeing.

A Yale University study found that while 60 percent of women with significant menopausal symptoms seek medical attention, nearly three-quarters of them are left untreated.¹

Who is Gennev

Gennev is the nation's largest virtual menopause clinic led by board-certified OB/GYNs and Registered Dietitian Nutritionists. Our providers apply evidence-based treatments proven to relieve symptoms in every stage of menopause. We've helped thousands of women achieve relief from menopause discomfort including hot flashes, vaginal changes & painful sex, weight & body changes, anxiety & mood swings, hair & skin changes and joint pain.



89% of patients report symptom improvement after their first visit.²

Menopause is a milestone, not a disorder.

- Gennev providers are trusted, knowledgeable guides for women throughout their menopause journey
- Virtual clinic offers specialized menopause care in all 50 states
- Our integrated menopause care model provides prescription as well as nutrition and lifestyle solutions that treat the whole patient
- Evidence-based treatments are personalized to meet a patient's needs



Video Appointments:

Accessible Care.

Patients have access to board-certified OB/GYNs who specialize in menopause no matter where they live in the U.S.

No Rushed Appointments.

Patients meet 1:1 with their provider for 30-minute appointments.

Private, Secure Visits.

Virtual visits offer a safe, comfortable environment for the patient to comfortably share their menopause experiences with their provider.

Virtual Telehealth:

Menopause is not one size fits all.

Everyone's symptoms and wellness goals are unique, and each patient's menopause treatment plan is too.

We take a multi-disciplinary approach to menopause treatment.

Our personalized care plans may include a combination of prescription medication, lifestyle changes, like nutrition, fitness, mindfulness, & natural supplements proven to relieve menopause symptoms.

Evidence-based hormone therapies.

Our OB/GYN medical treatment provides evidence-based treatments, including prescription medication such as birth control and hormone replacement therapy (HRT).

Menopause-focused Care Team

Board-Certified OB/GYNs.

Our care team is led by board-certified doctors who undergo additional training and certifications to support their patients in menopause.

Registered Dietitian Nutritionists.

Our RDNs help women set and achieve health goals, thrive through menopause, and achieve a sustainable, healthy lifestyle.

Whole Body Care.

Health issues in this stage of life aren't "over" when the hot flashes finally subside; many women face chronic conditions such as osteoporosis, heart disease, diabetes, or dementia, especially if they have personal or familial risk factors. Our providers help women make informed choices NOW to protect their health and wellbeing in the future.



Why We Need Specialized Menopause Care

According to a 2013 survey of 5,000 OB/GYN residents, only around 20% reported receiving menopause training, and only 6.8% reported feeling adequately prepared to manage women experiencing menopause.³

Just as expectant mothers need a specialized doctor for pregnancy and childbirth, a specialized doctor for menopause is trained to treat women through this transitional stage of life.

Working with a physician who is trained in menopause will help relieve symptoms of menopause and arm women with the knowledge and support to protect their future health.

To Learn More About Gennev's Virtual Menopause Care

Contact our Care Team at insurance@gennev.com.



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Sources

1. Gennev Patient Post Appointment Survey, 2023.
2. Peart, K. N. (2014, August 27). The high cost of hot flashes in Menopause. Yale School of Medicine. Retrieved February 2, 2023, from <https://medicine.yale.edu/news-article/the-high-cost-of-hot-flashes-in-menopause/>
3. Kling JM, MacLaughlin KL, Schnatz PF, et al. Menopause Management Knowledge in Postgraduate Family Medicine, Internal Medicine, and Obstetrics and Gynecology Residents: A Cross-Sectional Survey. Mayo Clin Proc. 2019;94(2):242-253. doi:10.1016/j.mayocp.2018.08.033