



Head start

We're with you at every step **Aetna Maternity Program**

Count on us to help you:

- Make choices for a healthy pregnancy
- Lower your risk for early labor
- Get help if you have conditions that may affect your pregnancy
- Cope with postpartum depression
- Stop smoking

All this comes free with your plan – just sign up and get the support and resources you need.

Enroll today

Two easy ways to learn more and sign up:

1. **Call us at 1-800-272-3531** weekdays from 8 a.m. to 7 p.m. ET.
2. Log into your member website at aetna.com and look under “Stay Healthy.”

aetna®

aetna.com

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