

GET YOUR FLU VACCINE THIS FALL



Getting your annual flu vaccine this fall helps to protect you, your loved ones, and your community against illness, hospitalization, and death. According to the [Centers for Disease Control and Prevention \(CDC\)](#), everyone six months and older, with rare exceptions, should get their annual flu vaccine. Flu vaccines are available to the public from health care provider offices, area pharmacies (including grocery store pharmacies), health centers, urgent care clinics, and community-based vaccination events. State of Delaware Group Health Insurance Plan members can obtain flu vaccines at **no cost** when using their Highmark Delaware or Aetna health plan or CVS Caremark prescription plan at in-network providers, including local participating pharmacies like Walgreens and CVS. Contact your pharmacy before going, as an appointment may be recommended or required to receive vaccines.

Consult with your health care provider to find out what other vaccines and preventive services are right for you and when you should have them.

Learn more about the flu by visiting the [CDC website](#).