

# GET YOUR FLU AND COVID-19 SHOTS



Getting a flu vaccine this fall is important to help protect yourself, your loved ones, and your community against flu illness, hospitalization, and death. When large numbers of the population get flu vaccinations, they help our healthcare system that is already overwhelmed by addressing Coronavirus Disease 2019 (COVID-19) and other respiratory viruses. For those who have not yet received a COVID-19 vaccination, sites like pharmacies that offer COVID-19 vaccinations can administer the flu vaccine and the COVID-19 vaccine during the same visit. State of Delaware Group Health Insurance Plan members can obtain flu shots and COVID-19 shots at no cost when using their Highmark Delaware or Aetna health plan or CVS Caremark prescription plan at local participating network pharmacies, including Walgreens, Rite Aid, and CVS Pharmacy. Contact your pharmacy before going, as an appointment may be recommended or required to receive vaccines.

Check [flu.delaware.gov](https://flu.delaware.gov) regularly for updates from the Division of Public Health (DPH) on the 2021-2022 flu season in Delaware. This year, employees and their dependents (age limits may apply) without insurance or those on Medicaid or Medicare may receive vaccines for flu and COVID-19 at [Public Health Clinics](#). In addition, flu and COVID-19 vaccines are available for all Delawareans, regardless of insurance status, at community-based COVID-19 vaccination events operated by DPH. A list of the community-based vaccination locations operated by DPH staff can be found at [de.gov/getmyvaccine](https://de.gov/getmyvaccine).

Visit the CDC Website for more information on the [flu](#) and [COVID-19](#).