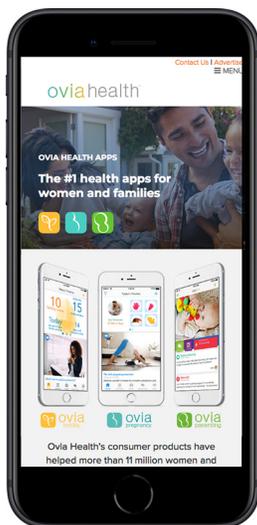


Healthy families

Introducing the Ovia® maternity apps



Supporting you every step of the way

If you have questions, just call the number on your ID card.

With you on your journey

Whether you're a new parent, pregnant or just thinking about starting a family, you've got the right support.

As part of your plan, you get access to three Ovia apps for each stage of the maternity journey: fertility, pregnancy and parenting. You'll also find daily tips and support, like a symptoms tracker and on-demand programs. Even personalized Aetna® benefits resources.

Download the right Ovia app for you

Here's how to get premium features.

1. Download the Ovia app on your device through the App Store®. Or get it on the Google Play™ store.
2. Fill out a short profile, then select I have "Ovia Health as a benefit."
3. Enter your employer and health plan information.

More maternity support

There's even more to explore on your maternity support center.

You can find:

- Planning checklists
- Post-pregnancy resources
- Baby-care tips
- Insurance information, and more

To visit, just log in to your member website at **aetna.com**.

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