



ComPsych® GuidanceResources® Webinar

July 17, 2024
2:00pm - 3:00pm



Being Adaptive in an Ever- Changing World Webinar

“Because we’ve always done it like that,” may not be the best answer to, “Why do we do the things we do?” In our ever-changing world, we are seeing shifts in our markets and economies, our cultural norms, our behaviors, and ourselves. Now is the time to thrive by learning how to be adaptive and to be consistently able to change yourself to accommodate and maximize the benefits of change.

Register at de.gov/statewidebenefits
(Select your group, then ComPsych®, then Webinars)



Employee Assistance Program (EAP) Orientation Webinars



Register at de.gov/statewidebenefits (Select your group, then ComPsych®, then Webinars)



Program Orientation for Supervisors

Wednesday, September 18, 2024
10:00am - 11:00am

Learn about the Employee Assistance Program (EAP) services that ComPsych® GuidanceResources® provides. Managers and supervisors can use the EAP as a free source for confidential support, expert information, and valuable resources to support their employees when they need it the most.

Employee EAP Orientation

Thursday, September 19, 2024
10:00am - 11:00am

Learn about the Employee Assistance Program (EAP) services that ComPsych® GuidanceResources® provides. Through the EAP, you can access free confidential emotional support, online support, interactive digital tools, work-life solutions, legal guidance, financial resources, and identity theft services.



SCAN ME!