

Substance Abuse Professional Services (SAPS)

The U.S. Department of Transportation (DOT) mandates that all employers providing transportation or transportation-related services comply with DOT rules and regulations to ensure public safety. Employees who perform transportation-related functions are considered to be in safety-sensitive positions and are required to participate in alcohol and drug testing programs, as well as follow-up testing programs. ComPsych® DOT Substance Abuse Professional Services provide professional oversight of cases for DOT-regulated employees who have tested positive for drugs/alcohol or who have refused to submit to testing. The oversight ensures that employees comply with the evaluation process and follow all treatment recommendations, including after-care services. When an employee tests positive for drugs/alcohol or refuses to test, the organization's Designated Employer Representative (DER) contacts a ComPsych® DOT Specialist via the 24-hour toll-free number, 877.527.4742, to begin the referral process or to consult regarding the referral. The employee then calls the toll-free number (877.527.4742) to speak with a GuidanceConsultantSM, who gathers information on the positive drug/alcohol test as well as history of substance use and treatment, if applicable. The employee is provided with a referral for a face-to-face evaluation by a local Substance Abuse Professional (SAP). ComPsych® DOT Specialists follow up with the SAP to initiate case oversight. The DER receives written notices from the SAP regarding treatment recommendations, compliance with those recommendations, completion of treatment and recommendations for follow-up testing frequency. The DER is responsible for the employee's return-to-duty determination. If the decision is made that the employee can return to safety-sensitive job duties, the DER makes arrangements for the employee to have a return-to-duty drug/alcohol test. The ComPsych® DOT Specialist oversees the entire referral and treatment process to ensure that all treatment recommendations and documentation are consistent with DOT requirements. In addition, the DOT Specialist performs follow-up monitoring activities for aftercare treatment recommendations.

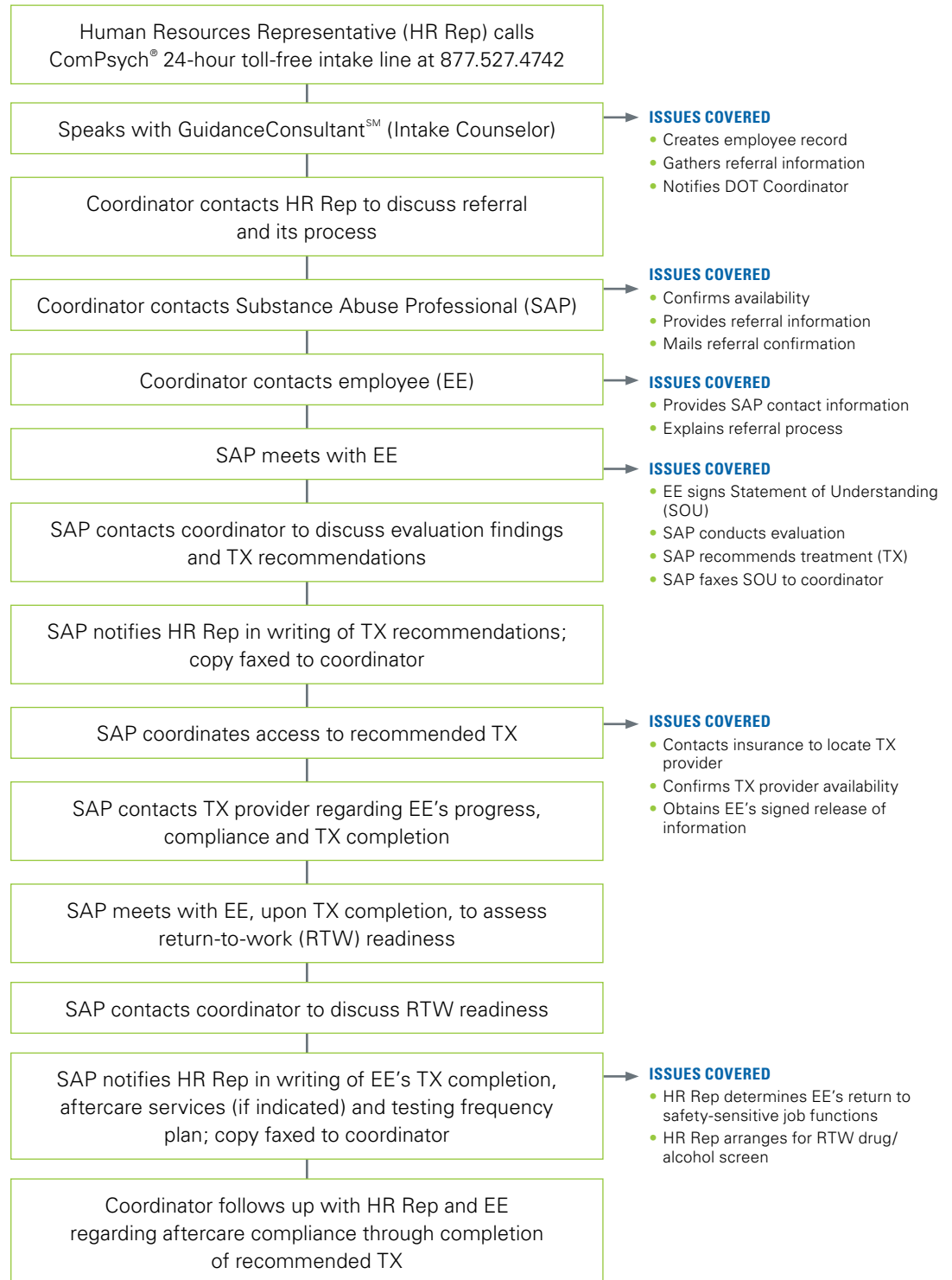
There may be a fee to the requesting organization for Substance Abuse Professional Services.

[See SAPS process flow chart on next page](#)

Federal DOT-Regulated Referral

Alcohol/Drug Evaluation Due to Positive Screen

Each Organization Should Follow Their Own DOT Referral Policy



Here when you need us.

Call: 877.527.4742 | TRS: Dial 711

Online: guidanceresources.com

App: GuidanceNowSM & Koa Foundations | Web ID: State of Delaware

